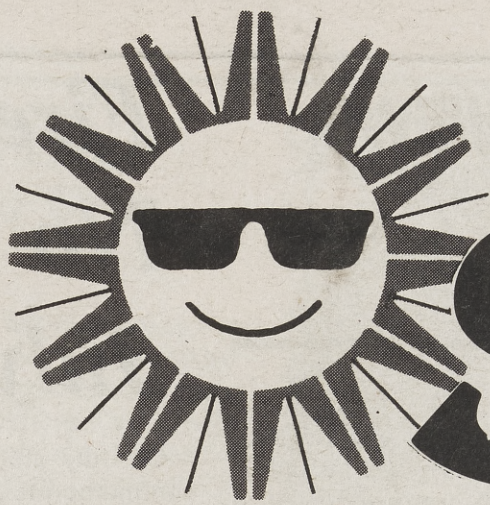


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Carmel Valley History Continues



Carmel Valley

Sun

Free

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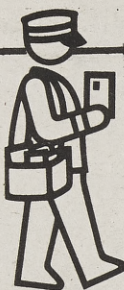
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SUMMERTIME *and the living is easy*

Photo by Debi Effron



Dio Roberts and Carrie Effron enjoy a cool summer dip



SHARING YOUR VIEWS

LETTERS TO THE EDITOR

Regarding the Boronda Reach Erosion Control Project:

An election has been set for Sept. 11, to vote for or against the erosion control project that is proposed for approximately two miles of Carmel River from the Little League Field west. In order to vote intelligently in any election, the persons involved should be informed on the issues at stake.

I have asked numerous times, both at the public hearings and by phone to the Water Management office, to see the plans, i.e. the blueprints, of the revetments and gabions that are to be placed along this stretch of the river, where each is to be installed, on whose property, the blueprint of the construction itself, the EIR for the entire river, (for this experimental short strip will affect the entire river). I feel all this information is of vital importance to everyone, for those who are voting and those who live down river will be affected.

The map of involved properties and names of owners was forthcoming AFTER the protest hearing (final). The EIR is supposed to be filed in late July or early August, (almost two months after the public hearings), and the closest I got to blueprint was a picture in a book showing rocks in a basket installation in a river in New Zealand, where this experimental project was born.

Sect. 453 of the Monterey Peninsula Water Management District, (Assembly Bill 1329) states... "such

resolutions (regarding assessments) shall set a time and place for public hearing" (which was done by a paragraph in a local paper)... "and shall refer to the general location and general construction of such work on the project."

In my opinion, a picture of a sort of basket filled with a bunch of rocks from a New Zealand publication can hardly be construed as "plans" for construction on Carmel River, something that will affect the entire length of the river. (Our river, not some nebulous one in New Zealand.)

To Hell with the beef!...Where are the plans, the blueprints, the elusive hydrologist, the funding? Are we dealing with fairy tales?

Ginnie W. Drew
Board Member
C.V. Trail & Saddle Club

Under a photo reproduced in "Mon-dale's Daughter Visits the Valley", (June 13 issue of C.V. Sun), I am described as being Chairman of the Monterey County Democratic Central Committee. I do not now, and did not when the picture was taken, occupy that position. That honor belongs to Nathan Shevitz. I am a member of the Committee and its Treasurer.

Charles Tillinghast
Carmel Valley

Fire Department Says No To Fireworks On July 4th

On July 4th, our country will be commemorating Independence Day with all the traditional parades, barbecues, and fireworks celebrations.

Carmel Valley folks will also be celebrating Fourth of July but **without the use of fireworks**. Wildland fires caused by fireworks are a real threat; they scare the pants off firemen!

Whether they are legal safe and sane or illegal does not matter; fireworks are dangerous and cause fires and injuries. With this thought uppermost on our minds, the Carmel Valley Fire Department would like to remind residents that the discharge of any type of fireworks is prohibited in the Valley.

However, all is not lost. For those of you who wish to use fireworks on July 4th, the following are areas to consider: Seaside—beach areas from the Holiday Inn to Sand city; Monterey—Beach area, 100 feet away from Wharf 2, (Cannery Row is prohibited.); Pacific Grove—contact Pacific Grove Fire Dept. for permissible locations (Citations issued for any illegal fireworks.); **Note:** Carmel Beach—fireworks are prohibited, Monterey Beach—fireworks are prohibited.

Last year the State Fire Marshal, in cooperation with the California Fire Chiefs Association, conducted a Special Fireworks Study from June 12 to July 11th. Your Carmel Valley Fire Department was a participant. The following digest provides a general overview of the conclusions from the study.

• 241 fire departments participated in this special study. These jurisdictions

represent 72% of the state's total population.

• Of the 241 responding departments, 133 (55%) indicated their jurisdiction **PROHIBITED** the use of Safe and Sane fireworks. These departments represent 66% of the population in the Study sample.

• Bottle rockets accounted for one-fourth of all fires, and one-half of the building fires. This item was also the largest contributor to grass fires.

• Three out of every four building fires originated on wood roofs. 71% of these incidents were attributed to illegal devices; 8 % to legal; and 21% were unknown.

• Illegal devices accounted for 71% of the \$1,354,556 total dollar loss; 3% was attributed to legal items, and 26% to unknown.

• The average dollar loss per incident for illegal devices was 10 times that for legal items.

• 542 fireworks-caused injuries were treated in hospital emergency rooms.

• One out of every two injuries involved either firecrackers (illegal) or sparklers (legal).

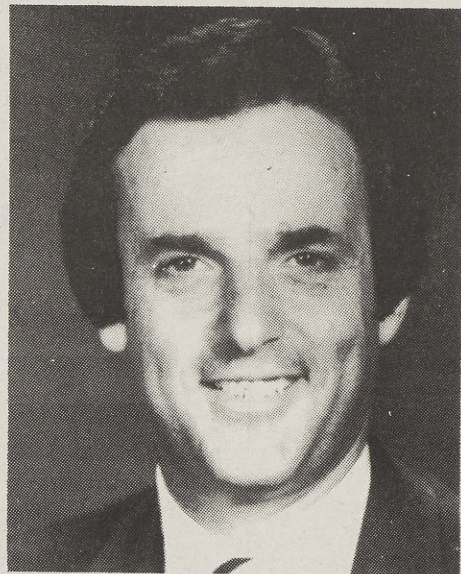
• 498 injury reports indicated action taken by the hospital. Of these, 470 (94%) showed injured were treated and released; and 23 required more than 24-hour hospitalization (13 from illegal devices, 6 from legal and 4 unknown).

• 1268 acres of water shed were reported lost to fireworks fires; 61% from illegal devices; 23% from legal, and 16% from unknown.

Keep this in mind and have a SAFE celebration.

Operations and hospital rooms cost more than you think...

Check with State Farm for hospital-surgical insurance.

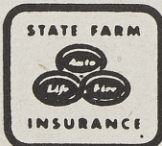


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The "Sun" is mailed to all 93924 postal patrons and Rural Route 2 and Rural Route 7 in the 93923 postal area. Those out of the mailing area can receive 12 issues by mail by sending \$10 to C.V. Sun, P.O. Box 744, Carmel Valley, CA 93924.



CVPOA Board Concerned Over Chateau Julien And Master Plan

Chateau Julien and the pending Carmel Valley Master Plan were again the main topics of concern when the Carmel Valley Property Owners Association met on June 13.

In his report, president Bob Greenwood said complaints against Chateau Julien were renewed because of recent advertising. The ads invite the public to participate in tours through the winery. The CVPOA's concern is that the original permit was for private wine tastings only.

At the meeting, Steve Slade, representing Fifth District Supervisor William Peters, said though Zoning Administrator Robert Slimmons was aware of the ads and signs along the road, "it might behoove the CVPOA to spur the Planning Department to take a stronger stance," he said.

Slade said the ads are enough to warrant comments but added "getting them (Chateau Julien) to do something will take a little while."

According to Slade if the winery is found in violation of their existing permit the county could pull the permit. However, he said "Usually we come to some kind of accomodation."

Slade told the CVPOA board that the winery had the option of applying for an extended use permit.

In another matter during his report, Greenwood announced that vice presi-

dent, Glen Chang felt that due to her illness she should resign. Ann McGowan was appointed to replace her on the Nominating Committee. Greenwood also regrettably tended his resignation as CVPOA president. He will be doing extensive traveling and felt it unfair to continue in the position. Replacements for both Chang's and Greenwood's positions are being considered by the nominating committee. Pat Sorri was appointed as acting president until the committee has a recommendation for the board to vote on.

During the meeting director, Dick Nimmons, presented the board with their first budget. The budget for 1984 shows an estimated operating deficit of \$135. After reviewing current year to date figures from the treasure's report the board decided the budget was well within reason and unanimously approved it. Larger items in the budget included \$2,000 for printing and mailing three newsletters and \$2,000 for the Coordinators salary.

When discussion of the Pending Carmel Valley Master Plan came about, most of the board members expressed a dissatisfaction with the decisions being made by the board. Head of the Landuse Committee, Todd

Continued to page 7



Photo by Debi Effron

Linda Ingram was the winner of a free trip to Reno in a recent raffle drawing held by the Carmel Valley Community Center. The raffle was to raise funds for the Center as well as to raise funds to purchase a plaque in memory of Marie Tedrow and to be placed at the rose garden named after her. Some say Marie had a hand in the drawing because, it just so happens, Linda Ingram is her daughter. Linda accepts her prize from Randy Randazzo.

Photo by Debi Effron



Al Bettencourt proudly raises the flag during a small dedication ceremony held during music in the park. The flagpole was donated by the Lions club 10 years ago and was just recently moved to the front of the Center.

A Bit About Bats

Recently a local family that had discovered their pets playing with a live bat took the animal into the SPCA. Since bats are one of the top three carriers of rabies their concern for their animals was genuine. The rabies test run on the bat was negative but SPCA officials told *The Carmel Valley Sun* some tips for others who might run across the same problem.

People finding bats out in the day should be concerned, this is suspicious behavior for the normally nocturnal animals, said Robin Maurice, of SPCA Public Relations. If found on the porch or house eaves or dying in a corner she recommended throwing a box or trash can over it and call the SPCA.

If a cat or dog is found playing with the bat get it away from the animal. The pets should be quarantined for 10 days as a precaution. When the SPCA gets the bat they will do a "brain" test to check for rabies, said Ms. Maurice.

If, by chance, a person is bitten and the bat is not caught the person will have to go through the painful rabies series. So it is extremely important to catch the bat if animals or people are bitten, she added.

Then Ms. Maurice explained, because bats have a high incidence of rabies it is very important to have them tested. She also assured *The Sun* that Monterey County has had no rabies in years and the disease locally is no problem at all.

Should you question the possibility of rabies one of the first things to look for is abnormal behavior. Foaming at the mouth doesn't actually happen, she said. Look for signs of acting if drunk or dizzy or for signs of convulsions.

When in doubt, call the SPCA.

According to Ms. Maurice, the other two top rabies carriers are foxes and skunks.



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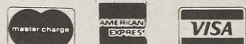
From His Own Journal

The Story Of Prince's Camp



Looking down on Prince's Camp. The sight behind is where the water company had intended to build a dam which would have flooded the entire area.

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In 1890 and the early 1900s rugged outdoorsman Sam Prince combed the peninsula always on the lookout for a good spot to practice his sport: hunting and fishing. He would head inland from the Big Sur area where his timber mill was located, to soak up the outdoors and the challenge of the hunt.

During his journey, he found a spot, tucked away in Cachagua that he called Prince's Haven, or, Prince's Camp as we all know it. The camp was a haven for hunters and a great spot for recreation. It offered 332,000 acres of national forest, 50 miles of trout streams within a 15-mile radius of the camp and 500 miles of government trails.

It was July 4th, 1925 that Sam, his family, and friends started the first cabin on the property. The first guests arrived on July 31. Those that came, came back again and again. Not only to enjoy the beauty that encompassed them there but to enjoy Sam who became known as the Cachagua Sage.

It was through Sam's own journals that we discovered a bit about life at Prince's Camp. It was not always a serene hunting and fishing ground. In 1931 Prince wrote in his journal "Creek going dry, stopped flowing over rocks today." A few days later the entry read, "no water for pump." And the following day "Packing water from upper end of pool in front of cabin. Lots of fish dying where water is drying up. got Steelhead 26", Rainbow 17-18", ..."



The Nason Saloon at Prince's Camp.

Years later, around 1932 it was the opposite end of the scale. "Highest water Jan 3, 1934 Season 26" Storm 8" rain in 36 hours.

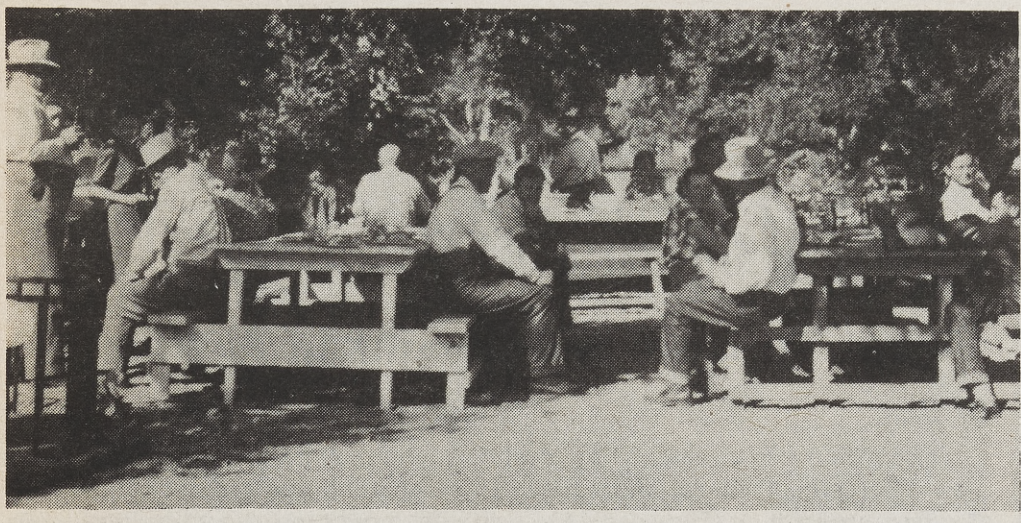
Those that visited the campgrounds came from all over. Many even came from out of state in their quest for deer and other game. In those days a bed at the camp cost 50 cents, 50 cents a day for cooking with meat and vegetables. For \$10 a camper could rent a cabin with wood for the fireplace. It was only \$5 for a tent.

Many visitors knew Sam's penchant for poetry and a variety of prose fills his journals; some written by him, some written by others. In his prose Sam often showed how he felt about his friends and the great outdoors.

"I do not care for the music of your cars

Or a place where I must shiver
But more for sunlight moon and stars
And the music of the river!" he wrote.

story continued page 7

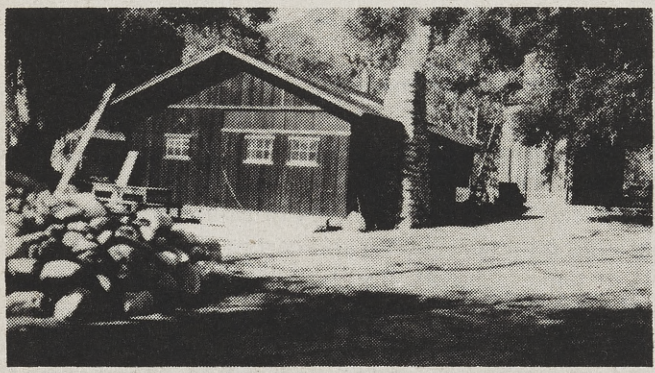


Ranchers from the area often came to Prince's Camp for barbecues.

(Below) The first cabin at Prince's Camp was build in 1925 by Sam, his family and friends.



This was the cabin rebuilt after the original cabin burned down.



As the picture says, "seven Princes", Sam is on the left.



The end of the chase. Harold and Kenneth Prince and Ed Janesch (brother-in-law).



The main entrance to Prince's Camp



Junction of Cachagua Grade and Jamesburg Rd. Turn right to Prince's Camp.

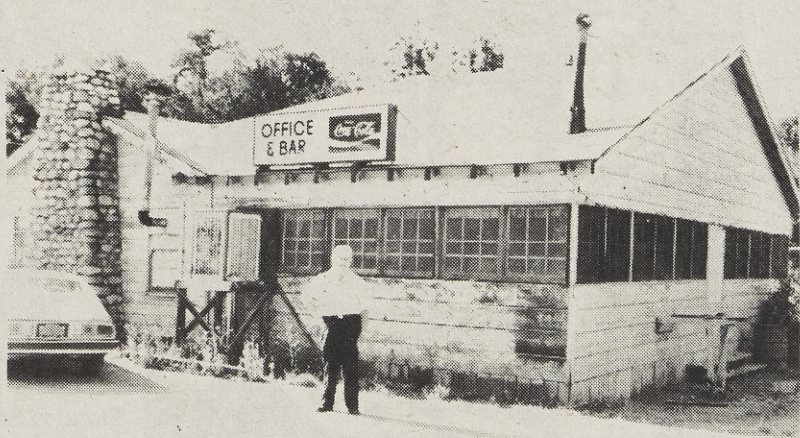


There was great fishing right behind the camp.

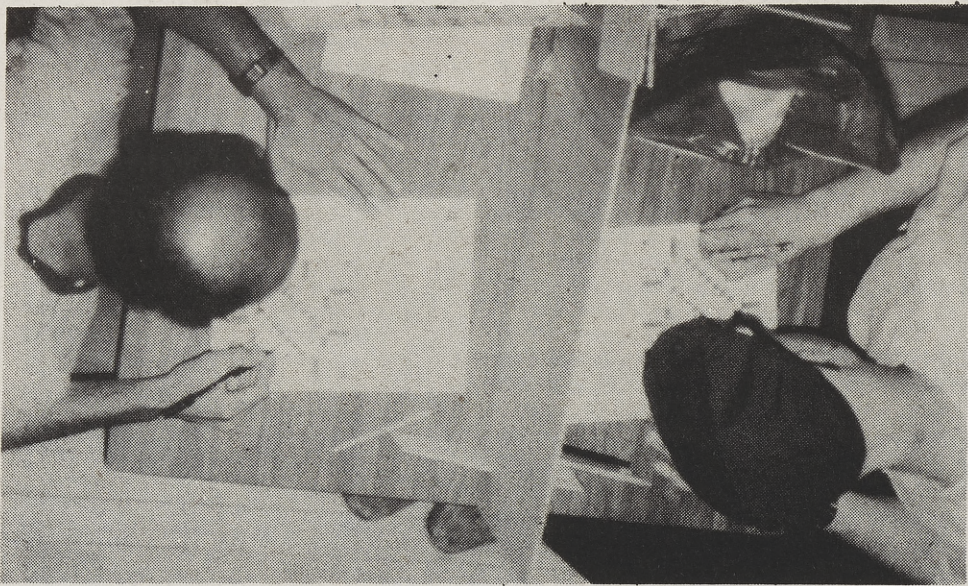


Prince's Camp Social Hall for camp guests.

Our camp was always clean says Sam's journal.



A portion of Prince's Camp is presently owned by Rex White.



Crossword Contest Approaches

There's still time to get their applications in, said Joseph Pagano, organizer of the first annual Carmel Crossword Classic, a crossword solving competition.

The competition is scheduled for Wednesday, July 4 from 10 a.m. to 3 p.m. at the Thunderbird Bookshop in the Barnyard.

Contestants have the opportunity to win prizes which total over \$500 in cash and products. May Waldroup of The Thunderbird Bookshop, who is co-sponsoring the event with the American Crossword Federation, is donating a cash prize of \$150 to the top winner. Other prizes include a

Merriam-Webster Unabridged Dictionary valued at \$69.50; four copies of the Ninth New Collegiate Dictionary donated by Merriam-Webster, Inc.; three copies of the Master Crossword Puzzle Dictionary by J.M. Baus and donated by Doubleday & Co.; and ten sets of IPSWICH-Cross Connection Word Game (which combines crosswords plan and Scrabble) donated by Selchow & Righter; and twelve Crossword Puzzle Books donated by Simon & Schuster.

For more information on the Carmel Crossword Classic call the Thunderbird Bookshop at 624-1803.

Little League Will Hold Annual Fourth Of July Barbecue

Baseball and barbecue fans are invited to the annual 4th of July Barbecue sponsored by the Carmel Valley Little League.

Fun begins at 10 a.m. at the Little League Field on Paso Hondo. Games feature the minor league all-stars.

The barbecue begins at noon and offers the choice of a steak dinner for \$6 or a hamburger dinner for \$3.

An awards ceremony will also begin at noon. Among the awards will be most candy bar sales, most inspirational player and most improved player. Bat-a-thon prizes will also be presented.

During the celebration, the League will also hold a raffle which will feature a variety of prizes.



What To Do When Caught In A Wildfire

If your home is threatened by a wildfire, you may be contacted by a fire or law enforcement official and advised to evacuate. If you are not contacted in time to evacuate, or if you decide to stay with your home, the following suggestions will increase your chances of safely and successfully defending your property.

Before the fire approaches your house:

1. If you plan to stay, evacuate your pets and all family members who are not essential to protecting the home.
2. Be properly dressed to survive the fire. Cotton fabrics are preferable to synthetics. Wear long pants and boots and carry with you for protection a long-sleeved shirt or jacket, gloves, and handkerchief to shield the face, water to wet it, and goggles.
3. Remove combustible items from around the house. This includes lawn and poolside furniture, umbrellas, and tarp coverings. If they catch fire, the added heat could ignite your house.
4. Close outside attic, eave, and basement vents. This will eliminate the possibility of sparks blowing into hidden areas within the house. Close window shutters.
5. Place large plastic trash cans or buckets around the outside of the house and fill them with water. Soak burlap sacks, small rugs, large rags. They can be helpful in beating out burning embers or small fires. Inside the house, fill bathtubs, sinks and other containers with water. Toilet tanks and water heaters are an important water reservoir.
6. Locate garden hoses so they will reach any place on the house. Use the spray-gun nozzle, adjusted to a spray.
7. If you have portable gasoline-powered pumps to take water from a swimming pool or tank, make sure they are operating and in place.
8. Place a ladder against the roof of the house opposite the side of the approaching fire. If you have a combustible roof, wet it down or turn on any roof sprinklers. Turn on any special fire sprinklers installed to add protection. Do not waste water. Waste can drain the entire water system quickly.
9. Back your car in the garage and roll up the car windows. Disconnect the automatic garage door opener (in case of power failure you could not remove the car). Close all garage doors.
10. Place valuable papers and mementos inside the car in the garage for quick departure, if necessary. Any pets still with you should also be put in the car.
11. Close windows and doors to the house to prevent sparks from blowing inside. Close all doors inside the house to prevent draft. Open the damper on your fireplace to help stabilize outside-inside pressure, but close the fireplace screen so sparks will not ignite the room. Turn on a light in each room to make the house more visible in heavy smoke.
12. Turn off pilot lights.
13. If you have time, take down your drapes and curtains. Close all venetian blinds or noncombustible window coverings to reduce the amount of heat radiating into your home. This gives added safety in case the windows give way because of heat or wind.

When the fire approaches:

As the firefront approaches, go inside the house. DO NOT ATTEMPT TO BATTLE THE MAIN BODY OF FIRE. The environment inside the house will afford you protection from the flames, hot smoke and toxic gases of the fire as it passes. Protect yourself first, then you can take whatever action is necessary to extinguish fires in or outside your home. Stay calm, you are in control of the situation.

After the fire passes:

After the fire passes, check the roof immediately. Extinguish any sparks or embers. Then, check inside the attic for hidden burning sparks. If you have a fire, get your neighbors to help fight it. The water in your pool and the water in your garbage cans, sinks, toilet tanks, etc. will come in handy now. For several hours after the fire, recheck for smoke and sparks throughout the house.

Remember:

In a major conflagration, fire protection agencies will probably not have enough equipment and manpower to be at every home. You cannot depend totally on their help. One of the firefighters' principal responsibilities is to stop the spread of fire from house to house. Therefore, if one home is on fire, firefighters might have to pass it by to save another in the path of the fire.

Your careful planning and action during a fire can save your home. Be prepared. Talk with your neighbors to see what resources you have. Ask your fire or forestry personnel for professional advice and assistance.

Summary:

- Stay calm—you are in control of the situation.
- If you decide to stay with your home during a wildfire, evacuate all family members who are not essential to protecting the home.
- Dress properly to shield yourself from the heat and flames.
- Take steps to prepare your home for the approaching fire.
- As the fire approaches, move inside and stay until it has passed.
- Move outside, survey the situation, take action, and help neighbors.
- If caught in the open, seek shelter where fuel is sparse.

This information was taken from "A Homeowner's Guide to Fire and Watershed management at the Chaparral/Urban Interface", by Klaus W. H. Padtke.

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Crossword PLUS Answers

Prince continued from page 4



Shades of "Deliverance"? Who knows. We could not identify these intriguing character but could not resist using this picture out of Sam Prince's photo album.

His prose was a way of life and a way of fun for him. On one page of the journal he responds to a visitors poem: "You write of the fineness and firmness of gold

Of happiness, contentment and all that is joy

But fail to mention that I'm cranky and old

And that part of my life is simply alloy.

On January 16, 1941 Sam's journal reported:

"I feel like the trail has come to the end
I feel like a stranger in a distant town
I feel like I've lost my only friend

As my old home cabin just burned down."

The cabin was rebuilt and Sam went on to operate the camp for over 17 years. He died in 1942.

In 1946, faced with being flooded by a dam the water company was planning to put right behind the camp, the family sold out to the water company. Later the water company change their minds and chose the Sa Clemente sight instead. They sold the outside campgrounds to Rex White but still retain the rest of "Prince's haver

A	R	C	H		W	E	E	P	Y		S	P	E	W
B	O	L	O		E	D	G	A	R		H	A	V	E
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D	E	A	R		O	R	E	A	D		S	W	A	N

WINGS

ELY (20 Across) was in the previous puzzle. It is a Nevada mountain, a city in Minnesota, a cathedral town in Britain, not to mention Ron Ely, TV Tarzan and beauty pageant host.

Lagniappe (35 Across), pronounced LAN-YAP, is Creole in derivation and is very common in the New Orleans area.

ANNA Comnena (66 Across) was a Byzantine author of the 12th Century.

Getting eight long thematic entries into a 15 x 15 grid is an enviable accomplishment, for which constructor Wilkinson merits high praise.

Editor's Time: 5 Minutes, 45 Seconds

Cognac Tasting Tickets Are On Sale

A Cognac tasting is planned by the Old Bath House Restaurant as a benefit fund raiser for the Pacific Grove Art Center. The tasting is scheduled for August 2 and will be held along with a preview showing of sculpture in the Main Gallery at the Art Center.

The tasting will be conducted by Bob Moody from Haas Brothers in a flight of ten brandies of the Cognac region along with two brandies of Calvados and three from Armagnac. The different styles of production and characteristics of the various regions of Cognac, France will be highlighted.

Tickets for the tasting are \$40 each (tax deductible) and will be limited to 100 people. Tickets are available at the Art Center or at The Old Bath House Restaurant. Proceeds will be used to complete the remodeling of the

Center.

David T. Strange, Old Bath House Restaurant Manager, and coordinator for the event says the event is an effort to bring new blood to the center and continue the progressive growth that has been evident over the past three years. "The Center needs more involvement from those living on the peninsula that patronize the arts. The Center has gone through a lot of changes in the past few years. We want to help build that new image. A Cognac tasting gives a statement of class all of its own, and I think the center should be attracting new patrons for future support by showing off the center with this kind of event," said Strange.

For more information, contact the Pacific Grove Art Center at 375-2208.

CVPOA continued from page 3

Wahle, in summarizing the Supervisors' decisions, said Peters took the April 24 recommendations made by the planning commission and went through each item. They ignored the subsequent reports made by the Planning Department and recommendations made by the Citizens Advisory Committee. He said Peters' decisions

were acquiesced by the rest of the Board and the he is within 90% getting the plan through. He said they expect only two more hearings on the plan.

The next CVPOA meeting scheduled for July 11 at the St. Dunstan's Episcopal Church on Robinson Canyon Road.

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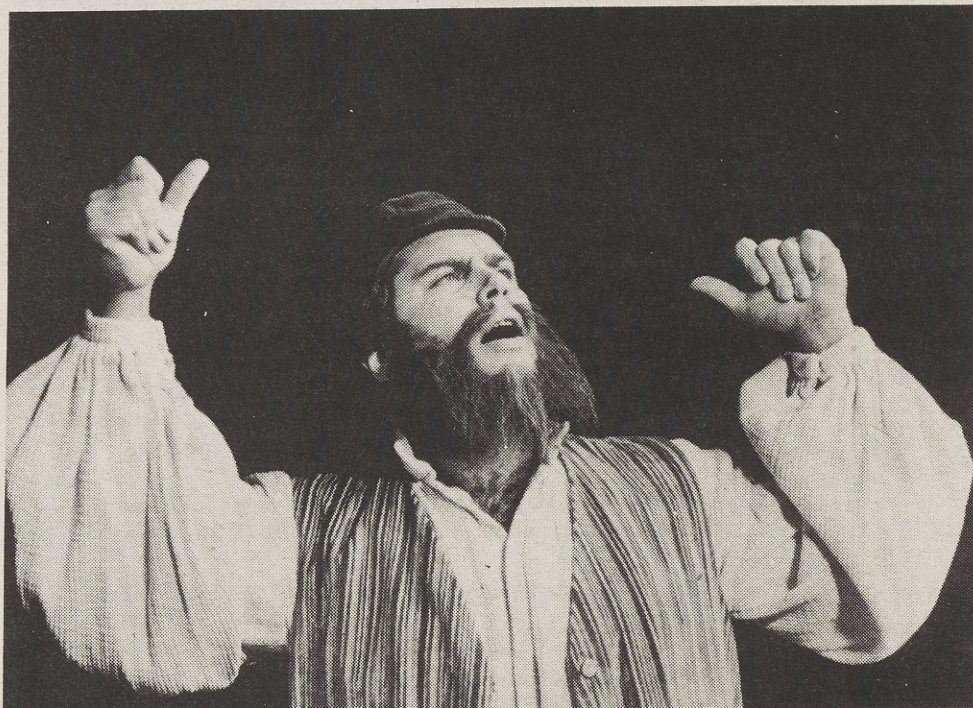
TYPING • DISPLAY WRITER

MAILING • EDITING

ENTERTAINMENT

BREAK A LEG

by Grace Darcy



Reg Huston, well known to music lovers on the peninsula, will play the feature role of Tevye in the Hartnell College Western Stage production of "Fiddler on the Roof," which plays July 12, 13, 22, and 25. Other productions continuing during July are "Arsenic And Old Lace", "Terra Nova", and "Foxfire".

Making its debut on July 6 will be "Broadway", directed by Marcia Taylor. "Broadway" is a jazzy Roaring Twenties comedy filled with gangsters, molls, hoofers and dolls.

All performances begin at 8 p.m. Matinees begin at 2 p.m. Tickets range from \$7.50 to \$11. Season tickets are also available. For more information call 375-2111.

Skillfully Orchestrated Drama, But, What's The Point?

The program for *Terra Nova* reads, "In the winter of 1911-1912, five Englishmen and five Norwegians raced each other to the bottom of the earth. Only the five Norwegians returned. This is the story of the Englishmen."

Playwright Ted Tally has crafted a play about ice and cold and derring-do, a play that is stark and, to a degree, macabre. He seems not to take a stance about the rightness or wrongness of the journey itself, but rather relates what happened. In a series of flashbacks which may have been visions or hallucinations on the part of the lead character, Robert "Con" Scott, Commander, Royal Navy (played expertly by Clive Chafer), we are told that the Norwegians, led by Roald Amundsen, have embarked upon their journey to the bottom of the earth via dog sled. Amundsen has used dogs because he intends to use them for food when his supplies dwindle.

The English, seeing Amundsen as barbarian because of this, plan to make the trek by foot. Embarking from New Zealand aboard the ship *Terra Nova*, Scott and his four companions begin their journey to the bottom of the earth where "every direction is North."

The trip is disastrous. One of Scott's men has badly cut his hand and, in that chilling climate, it won't heal. His inability to share the load hauling the supply sled slows the party, and when they do arrive at the South Pole, Antarctica, Amundsen has already been there.

On the return trip, Amundsen haunts Scott. His presence is everywhere, taunting the Englishman for his scruples, and for his foolhardiness in caring for the injured man, for Scott's compassion surely will spell disaster for the entire party.

True to his own morality, Scott continues to care for the injured man, even when one of his own party chastises him and tells him his charity will doom them all. Disaster is imminent and, of course, all of them die a few short miles from their supply base.

The performances at Western Stage, Hartnell College, were outstanding. Clive Chafer's "Con" Scott was realistic and convincing. Although the other members of his party played lesser roles, each was clearly lined and beautifully executed.

In addition to Chafer, Paul Ford's Roald Amundsen was a classic performance. Ford's bigness, particularly in the fur garb of the polar regions, made Amundsen's presence loom large, even if only in Scott's mind. David DiFrancesco brought lightness to the play in his delightful portrayal of the youthful cockney officer, "Birdie" Bowers. Howie Muir brought depth to the character of "Taff" Evans, the

young explorer with the cut hand who ultimately dies horribly in that frozen wasteland. Ken Hicks as Dr. Bill Wilson played his role compassionately, and Lance Holt was the appropriately impatient Titus Oates, Captain of the Inniskilling Dragoons, who saw no reason for allowing a dying man to jeopardize the English party.

The only woman in the cast was Beth Sweeney who played Kathleen Bruce Scott, the Commander's wife. She is present only in his mind, flashbacks in the play.

The drama of the story is skillfully orchestrated by Director Liebe Gray, and the scenic design, costumes, and lighting were outstanding. Dennis Howes was in charge of Scenic Design, and David A. Busse headed the Costume Design corps. Lighting was exceptionally well done under the guidance of Kathy Burleson, and Ted Chavalas, Sound Design head, gave us a chilling wind throughout the evening, creating even more reality in the already very real drama.

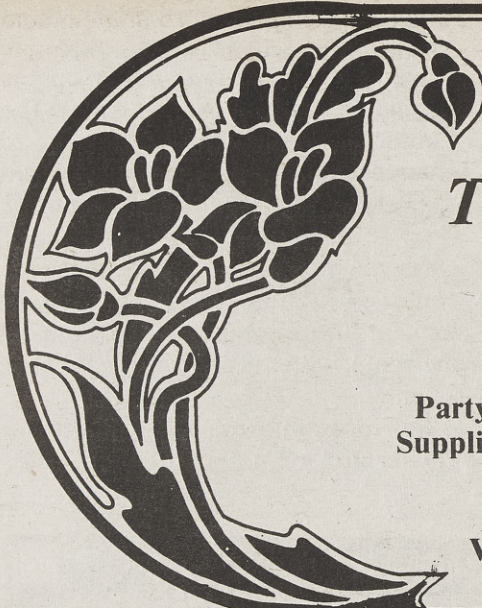
Included in the play, projected against a white cloth attached to ship's boom, were slides and photographs taken on expeditions by Herbert Ponting and Lt. "Birdie" Bowers. There also were sketches and water colors by Dr. Bill Wilson. These made excellent backdrops, particularly when the party posed for a picture in the same positions displayed in the real picture behind them.

Why did playwright Tally choose to write a play about a group of men whose claim to fame is that they planted a flagpole in Antarctica? To this reviewer, it seemed only to emphasize the foolhardiness of men who would be daredevils. Scott, speaking of his children, says, "Daring is more important...than thinking for themselves."

As the situation in Antarctica became more desperate, with two men already dead, Scott muses, "I will not have suffered any pain. I will simply have stopped being." The last entry in Scott's diary (the dead explorers were found in November, 1912, eleven miles from the supply station that would have meant safety) is a plea to the people of England: "For God's sake, take care of our people."

The play is about men, and I believe that men might enjoy it a great deal more than women might. This reviewer saw no redeeming feature to the play—other than the superb acting. It is true that tragedy is the stuff of good plays, but this particular tragedy was the result of a contest, a race, and in this reviewer's mind, that hardly seems the kind of tragedy that stirs one's soul.

I agree fully with the Commander's wife who says to him, "I don't understand...to me, it's all nonsense...silly,



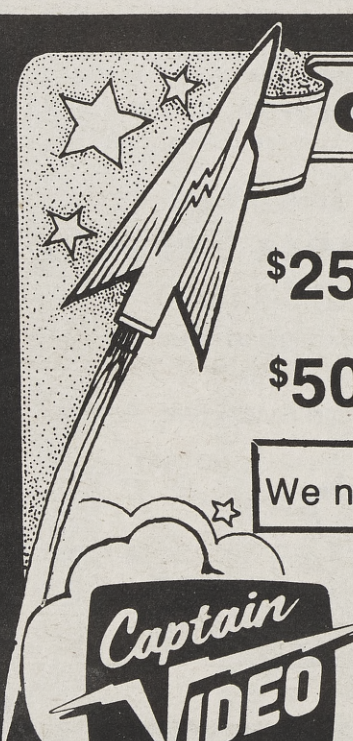
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"Oh, Coward!" Opens At MPC Theater

The Monterey Peninsula College Players will open their summer theatre season with a revival production of *Oh, Coward!* on Thursday July 5 at 8 p.m. for a four-week run in the MPC Theatre. Friday and Saturday performances are at 8 p.m. and Sunday matinees will be at 2 p.m. through July 28.

In a revival of his highly acclaimed SRO production two years ago, director Sid Cato brings the fervor of Noel Coward in his heyday to the main stage with *Oh, Coward!* The Roderick Cook play is a compilation of the charmed wit embodied in words and music by Coward.

Coward was an international theatrical personality for over 50 years, having written and/or starred in a total of eleven musical theater productions. His work is known for its nostalgia interspersed with sharp insight into the humorous side of society.

Songs included in the revue are "The Stately Homes of England," "Why do the Wrong People Travel," "If

Love Were All," "Mrs. Worthington," "Mad Dogs and Englishmen," "Mad About the Boy," "Men About Town," "You Were There," "Sex Talk," and "Someday I'll Find You," to name a few.

Cast members are Thomas Jay Burks, Sid Cato, Patricia Cullen, Keith Decker, Katie DeLay, Danny Gochbauer, Carrie Howlett, Lorraine Olsen, Dana Robinson, Maryam Shaw, and Pamela Woodfin. Musical accompaniment is by Barney Hulse and Lynette Grey.

Director Cato, in addition to his successful production of *Oh, Coward!* two years ago, has been involved in the Grovemont Theater in productions of *Scapino* and *Crimes of the Heart*, and is a long time Peninsula actor who has also performed in San Francisco and Los Angeles companies.

Tickets are \$6 general admission, \$4.50 for students, seniors and military, and \$3 for children 12 and under. For reservations and information, contact the MPC Box Office at 646-4213.

MOVIE REVIEW

Lights, Camera, Action!

Well Done Film, But A "Trekies" Dissappointment

It is out of loyalty that a "trekie" never misses a Star Trek re-run and attends every movie released on the daring crew of the Starship Enterprise. The first releases of Star Trek in movie form were disappointments to Enterprise fans so, as a loyalist, viewing *Star Trek III, The Search For Spock*, was approached with reservation.

As we all know, Spock was lost to us in *The Wrath of Kahn*, but all of the other favorite crew members—McCoy, Scottie, Sulu, Chekov, and Lt. Uhura—returned on board for *Star Trek III*. Slightly older but with the same personalities that have charmed "trekies" over the past twenty years: McCoy wonderfully cranky, Sulu and Chekov ready to follow Captain Kirk (now an Admiral) anywhere, Uhura receiving transmissions from Star Fleet Command, and Scottie complaining about the Captains ('scuse me, Admiral's) excessive demands on a ship that is not fully operational.

Even though Spock died, the crew has banded together one last time to save Spock's "essence". As usual, Kirk disobeys Star Fleet Command and they are on their way in a ship that has just come from a battle and is not quite up to par.

If, however, writer Harve Bennett was trying to capture the flavor of the original series, he should have re-examined his notes. In this film there were inconsistencies that a true "trekie" found hard to accept. Most were in the form of the actors being out of character with how they were previously presented. Spock's father, a full blooded Vulcan who are known for being only logical and having no emotions, was shown shaken and indecisive where his son was concerned. One of the warring Romulans in the film showed compassion when his pet was killed. (This is shortly after he incompassionately killed his wife because she saw information she was not supposed to see.)

In the series, whenever the Enterprise broke down good ol' Scottie always came through. Somehow he managed, one more time, to jury-rig the ship into operating. Not to give away the plot but in the movie Scottie lets the viewers down. The result is Kirk taking action the Kirk we all know and love would never do.

And that leads to the character of Admiral Kirk. Of course, Kirk being out of character is something we've been witnessing in all the *Star Trek* films. In the original movie we saw our stoic Captain Kirk fall out of character and fall apart. In the sequel *The Wrath of Kahn* we saw some of our original hero back but still not up to par. In *The Search For Spock* we still find Captain Kirk inconsistent with his original character. The gambler in him is gone. Against all odds, Kirk always came up with some ingenious way out of whatever situation he might have fallen into. It was always last minute and it was always dramatic and that suspense is what has kept the re-runs returning over and over. Unfortunately, in *Star Trek III*, Kirk is not up to his ingenious self. His challenges are too easily resolved by actions Kirk—the gambler would never have made. Even Kirk's son, who throughout the movie is purported as being just like his father fell short of the fight to the finish image of "Captain Kirk".

That edge of the seat suspense that always confronted Kirk and his crew members is missing from this film, but don't get this review wrong. It is from the eyes of an avid "trekie". For those who have not followed the heroes *Star Trek III, The Search For Spock*, is good sci-fi entertainment. There are dramatic perils; a race against time, a battle against the notorious Federation enemies: The Romulans, and life and death struggles. Children will definitely enjoy the space struggles and special effects.

Star Trek III, The Search For Spock



Agatha Christie mystery continues

The suspenseful play "The Mousetrap" continues through July 15 at the Studio Theater Restaurant in Carmel. The Studio Theatre Restaurant is open Thursday through Sunday with dinner at 7 p.m. and curtain at 8:30, one hour earlier on Sunday. Dinner and show: \$22.50. For reservations or information call 624-1661.



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Masters Gather For Festival Of Chamber Music

Hidden Valley's annual Masters Festival of Chamber Music, featuring solo and principal artists from the New York Philharmonic, the Cleveland Orchestra, the Los Angeles Philharmonic and the Minnesota Orchestra, opens this Wednesday, June 27th at 8 p.m. in the Hidden Valley Theatre.

The Master's Festival will consist of a double series of three concerts held Wednesday through Saturday evenings at 8 p.m., with matinee performances also presented on Saturday and Sunday afternoons at 2:30 p.m.

Taking part in the Third Annual Masters Festival of Chamber Music will be musicians of international acclaim including world-renowned flutist Julius Baker, formerly with the New York Philharmonic and now pursuing his active solo career; Leonard Davis, Associate Principal Violist of the New York Philharmonic; Glenn Dicterow, Concertmaster of the New York Philharmonic; Harold Dicterow, Principal of the Los Angeles Philharmonic's second violin section; Lisa Emenheiser, solo artist on the piano and a graduate of the Juilliard School of Music; Judith LeClair, Principal Bassoonist of the New York Philharmonic; Jonathan Feldman, solo artist

on the piano and also a graduate of the Juilliard School of Music; Eugene Levinson, principal Bassist with the Minnesota Orchestra; John Mack, Principal Oboist of the Cleveland Symphony; Lorne Munroe, Principal Cellist of the New York Philharmonic; and Peter Simenauer, Associate principal and E-flat Clarinetist with the New York Philharmonic.

Although subject to change, works scheduled to be performed include Mozart's Quartet for Flute and Strings, Britten's Sinfonietta, Loeffler's Rhapsodies for Oboe, Flute and Piano, Spisak's Duetto for Viola and Bassoon, Beethoven's Quintet for Piano and Winds, Nielsen's woodwind Quintet, Bach's Trio Sonata for Flute, Oboe, and Harpsichord, Haydn's Trio for Flute, Bassoon and Piano, Schubert's Quintet for Piano and Strings "Trout", and Brahms' Quintet for Piano and Strings in G minor. As has been the tradition in the past, the public can look forward to enjoying some unannounced musical surprises sprinkled with fun and informality, according to the mood of each evening's offerings and artists. Performances begin at 8 p.m. sharp and intermissions will be held in the newly dedicated Rosenberg

Garden adjacent to the Theatre with refreshments available.

Tickets are \$15 per person and are available in Monterey at Abinante's Music Store, at Prim & Proper on Lighthouse in Pacific Grove, at Wardwell's in the Northridge Shopping Center in Salinas, at Jim Gattis Menswear on Main Street in Salinas, at Countrywide Crafts in the Barnyard and at the How To Do Anything Bookstore in Carmel.



Baker

Emenheiser

When the Masters Festival concludes recitals by the individual artists will continue.

Flutist Julius Baker, will present a solo recital on Monday, July 2 at 8 p.m. Baker is a Professor of Flute at the Juilliard School of Music and the Curtis Institute. Born in Cleveland, Ohio, Mr. Baker graduated from the Curtis Institute of Music in Philadelphia and later returned to Cleveland to play in the Cleveland Orchestra under Arthur Rodzinski. He was solo flute with the Pittsburgh Symphony under Fritz Reiner, and held the principal flute position with the CBS Symphony in New York and the Chicago Symphony. Mr. Baker has appeared as soloist throughout the world and has recorded for RCA Victor, Decca, Vanguard, Westminster and Desmar.

The Solo Recital Series will continue on July 7th with Lisa Emenheiser featured on the piano. The recital is \$8 per person and begins at 8 p.m.

Ms. Emenheiser has rapidly become one of the most successful young pianists of our day. She is a graduate

of the Juilliard School as a scholarship student of Mme. Ania Dorfmann. As a result of winning first prize in several major competitions, including the 1979 "Young Artists in Recital" and the 1979 National Arts Club, Ms. Emenheiser has performed extensively in the New York area as well as having been broadcast over major New York radio stations. Guest appearances as soloist include performances with the Baltimore Symphony Orchestra, The United States Marine Band, and the Chautauqua Festival Orchestra.

Preceding his Clarinet Master Class Peter Simenauer will present a solo recital on July 10.

Simenauer has been the Associate Principal and E-flat Clarinetist with the New York Philharmonic since 1960. His international reputation is well established as a performer.

Born in Berlin, Mr. Simenauer has lived in China and was a member of the Israel Philharmonic Orchestra prior to coming to the United States. He is on the faculty of both the Mannes College of Music and the Manhattan School of Music. His recording of the Mozart Clarinet Quintet is one of the longest selling classical records in the history of recorded music.

Simenauer is a member of the famed New York Philharmonic Woodwind Quintet, and a frequent guest artist of the Lincoln Center Chamber Music Society.

Mr. Baker will offer a Flute Master Class from July 3rd through 6th and Mr. Simenauer's Clarinet Master Class will be July 9th through 14th. The Masters Classes offer a week-long period of intensive practice and study for students at the advanced, college and professional level. Two sessions of approximately 2½ hours will be held daily. A fee of \$15 is charged per 2½ hour session. Arrangements to join the classes may be made by calling the Hidden Valley Music Seminars ticket office.

STREET BEAT

Easy Listening

Andres: Piano and operatic singing Wed.—Sat, 7-10 p.m. Waiters and waitresses sing anything that strikes at the moment. Andres located at 3770 The Barnyard.

The Covey at Quail Lodge: Features Classical Guitarist Terrence Farrell. 7:30-11:30 Wed.—Sat. No Cover. The Covey is located on Carmel Valley Road 3½ miles from Highway One.

Los Laureles Lodge: Pat Duval and Steve Tosh treat listeners to melodic tunes. No cover. 9—12 p.m. Sat. & Sun. Los Laureles Lodge is located on Carmel Valley Road near the Village.

Dance

Holiday Inn Carmel: Features Singer Dusty Barron whose repertoire includes Western, Hawaiian, Modern and Rock. No Cover. 9 p.m. Fri.—Sat. The Holiday Inn Carmel is located at Highway One and Rio Road.

The Tavern—Fox Hill: June 29—30 Loose Ends, July 4th "South Pacific Sun" Volleyball Tournament (free pool entry for players), July 6—7 (back by popular demand) The Sliders, Every Wed. 8:30-12:30 Jake Stock Quartet, Every Thurs. 8:30-12:30 Greg Boether. Located at Carmel Valley Road and Los Laureles Grade.

Forest Theater Begins Outdoor Concerts

The Summer Sunday Afternoon Concert Series at the outdoor Forest Theater will begin on Sunday, July 1, at 2 p.m. when the Salinas Valley Highlanders Pipe and Drum Corps make their second appearance on that stage.

This outstanding group was founded over 18 years ago and has been an active pipe band ever since. Members of the band are drawn from Salinas, The Monterey Peninsula, Carmel Valley and Watsonville.

The band traditionally participates in such events as the Salinas Colono Parade, the San Juan Bautista Rodeo Parade, the Sonora Roundup, and the Monterey Highland Games. Their kilt is made of Mac Kenzie Tartan material pleated in the style of the Seaforth

Highlanders Regiment of the British army. This pattern was selected by the founding members of the band and has been preserved up to the present time. Pipe Major is Joe Shimek of Monterey and the Drum Major is Ron Balikie of Salinas.

The band will tune up at Sunset Center and march off about 1:30 p.m. winding their way down from 9th and San Carlos to Ocean Avenue, up to Mountain View Avenue, and into the Forest Theater area. The performance will start at 2 p.m. and is open to the public free-of-charge.

Come early and bring a picnic lunch. It all take place at the Forest Theater at Mt. View and Santa Rita Avenues in Carmel.

Taw Twirlers Return To Forest Theater

Returning for their seventh appearance will be the Taw Twirlers Square Dancers on Sunday, July 8, at the Forest Theater. Admission is free.

The dancers will present different styles of round and square dancing. The group will be led by well-known

caller Harold Fleeman, who is knowledgeable in the styles of this unique and homespun dance group.

The performance begins at 2 p.m.

The Forest Theater is located on Mt. View and Santa Rita Avenues in Carmel.



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Back by popular demand, The Sliders will re-appear at the Carmel Valley Inn on July 6-7.

Crosswords PLUS

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Wings, by S.E. Wilkinson

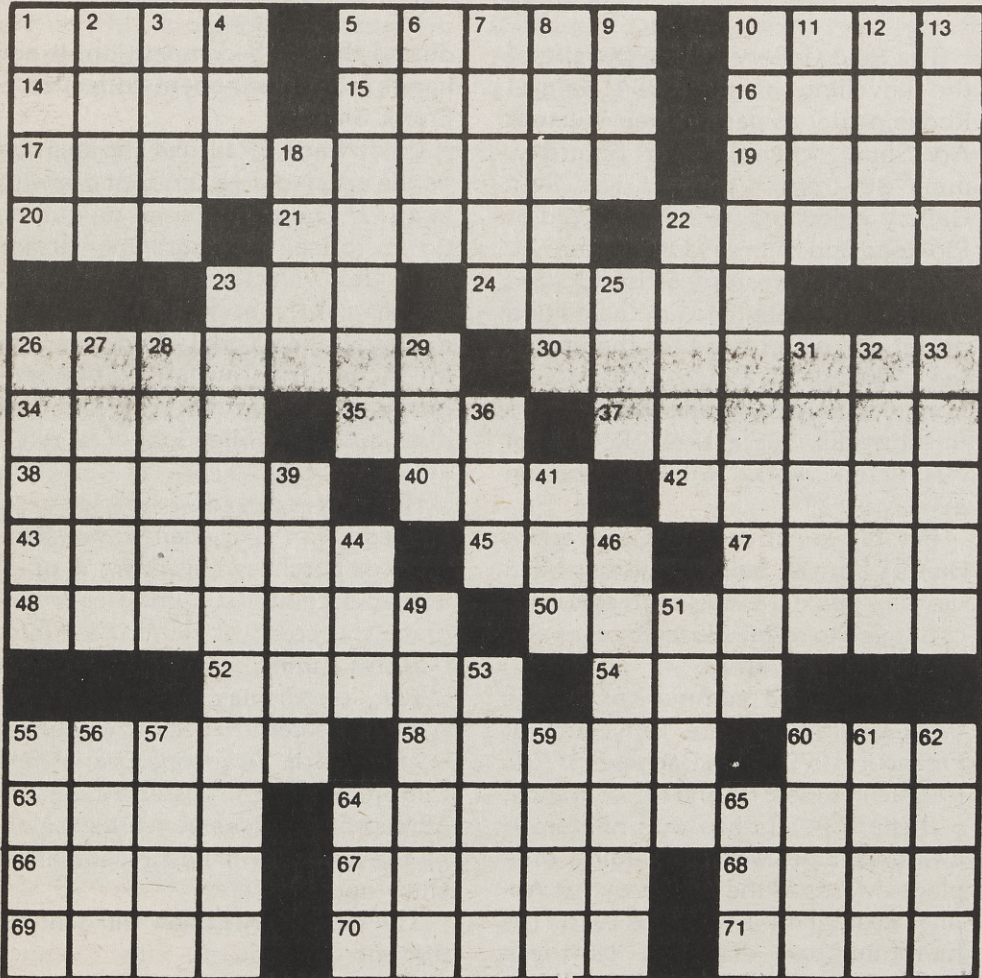
ACROSS

- 1 Pre-eminent
- 5 With brimming eyes
- 10 Issue
- 14 Machete's cousin
- 15 Burroughs
- 16 "To _____ and to hold..."
- 17 Storied pie ingredient
- 19 Iris layer
- 20 Nevada mount
- 21 Before noon
- 22 Baby bringer
- 23 Palindromic exclamation
- 24 Whet the appetite
- 26 Limerick river
- 30 Frolic
- 34 Conduit
- 35 Lagniappe
- 37 Seismic effect
- 38 _____ T. Firefly, Groucho role
- 40 Feathery finery
- 42 "_____ to bury Caesar..."
- 43 A supernal sphere
- 45 Stat.!
- 47 Metals
- 48 Epithet for Robert Stroud
- 50 Smash
- 52 Bravos
- 54 On the mark
- 55 Crickets do it
- 58 Southern pseudonym
- 60 Chevron shape

- 63 Curlicue
- 64 Flying machine
- 66 Cornelia or Christie
- 67 Skater Sonja
- 68 The Venerable _____
- 69 Letter opener
- 70 Associate of Artemis
- 71 Lohengrin's boat puller

DOWN

- 1 Parish person
- 2 Trundle
- 3 _____ pigeon
- 4 _____ loco (here)
- 5 Duck
- 6 Bleep, i.e.
- 7 Crossword wader
- 8 Chaplains
- 9 Mos. become them
- 10 Badminton prop
- 11 Peacock constellation
- 12 Glade or green
- 13 Like Milquetoast
- 18 "The Boys of Summer" author
- 22 Author of "Heidi"
- 23 Birdie
- 25 NYSE, i.e.
- 26 Copse component
- 27 Dark-eyed damsel
- 28 "_____ as angels' ken": Milton
- 29 Beak
- 31 Love, to Ovid
- 32 Capital and apple
- 33 Dime-store magnate
- 36 Quick sound
- 39 Epitomize
- 41 TV intervals
- 44 List
- 46 Flinched
- 49 Infernal
- 51 Rabbit fur
- 53 Peccary
- 55 Rigged out
- 56 Oilstone
- 57 Hebrides island
- 59 Cantata part
- 60 Opinion
- 61 Wagner role
- 62 Eve's element
- 64 Which person
- 65 Pellets



Answers
On Page 7



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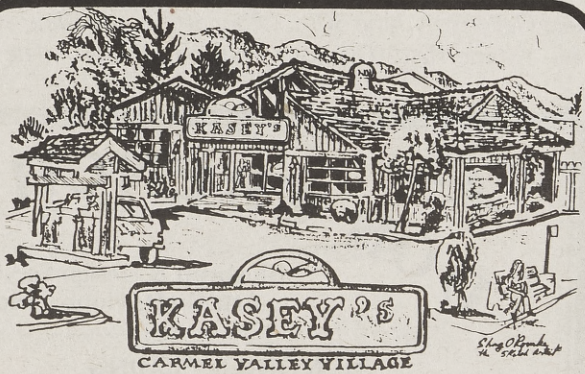
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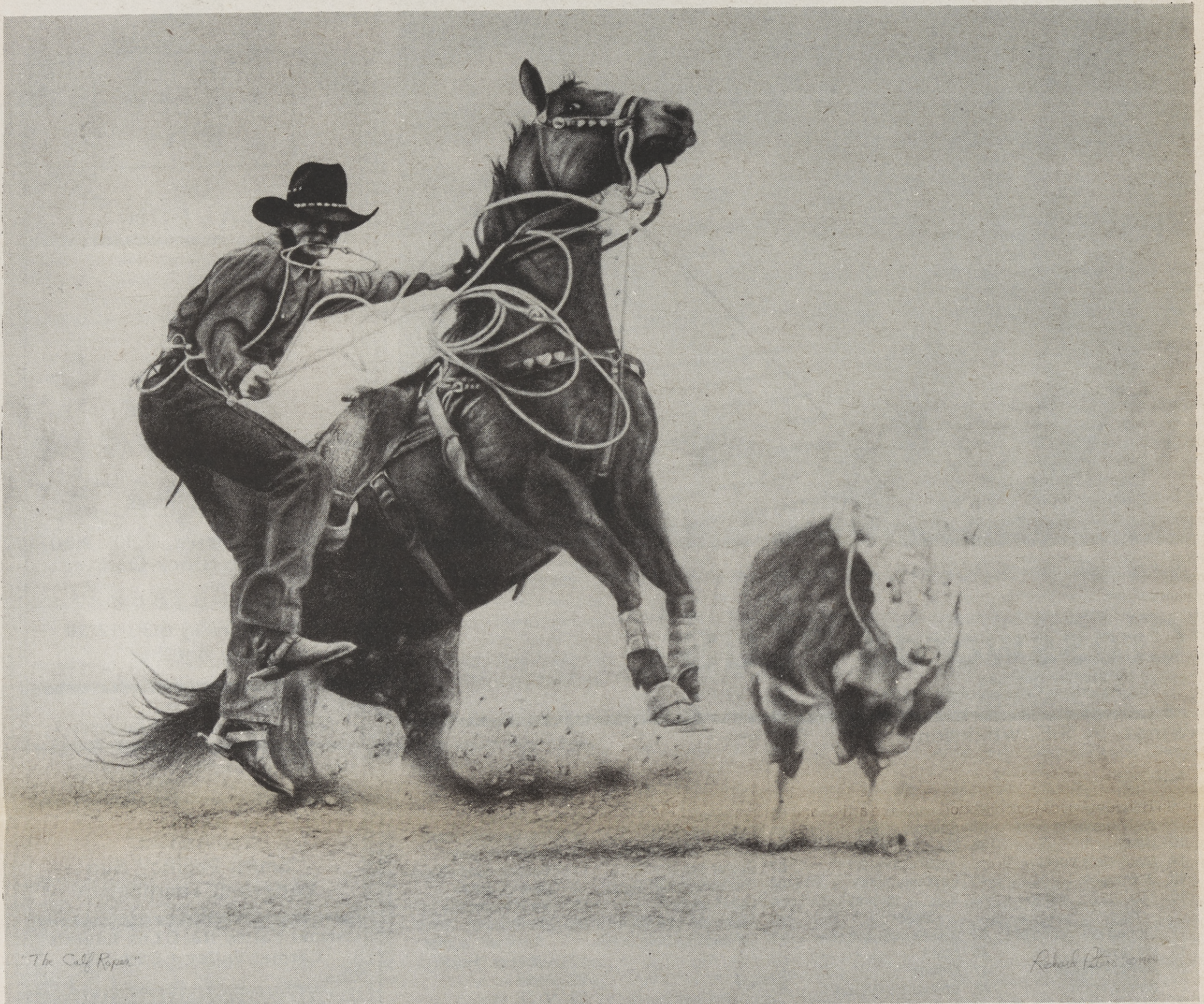
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The 1984 Salinas Rodeo poster will feature the work of Richard Peters titled "The Calf Roper". The poster will be unveiled at the Western Art Show being held at the Reid Gallery on June 30th. Other artists attending and on display include Kris Swanson, Charlie Reid, Dlivvord Pettman, Sister Adele and many others.

Western Art Show Opens At Reid Gallery June 30th

The Reid Gallery will be the site of the unveiling of the 1984 Salinas Rodeo poster as part of their Western Art Show scheduled for Saturday, June 30 from 4-8 p.m. The Reid Gallery is located in the Barnyard at Rio Road and Highway One in Carmel.

Celebrated western artist Richard Peters who created the limited edition poster will be on hand for the unveiling. The poster, titled "The Calf Roper", is said to be one of Mr. Peters' finest works. The entire collection of Mr. Peters' works will also be on display.

Peters is a native West Coast artist. He was born in Salinas and has been drawing since the age of five. He has continued to refine his techniques and to explore new areas.

He graduated summa cum laude from California State University at Fresno in 1970 with a Bachelor of Arts Degree in Fine Arts and Photography.

Richard Peters has won numerous awards for his work, including first-place awards at the Monterey Art Annual Exhibit in 1974 and 1975. His ballpoint pen drawing "Northern Cheyenne" earned Best of Show award

during the 1975 competition. It now hangs in the permanent collection of Frank Sinatra.

Union Pacific Railroad commissioned the artist to do a series of drawings in 1977. The work, based on authentic historical photographs, depicts early Union Pacific Railroad scenes.

The artist met with actor Robert Redford in New York in 1979, resulting in Richard's drawing, "Southwest Man," becoming part of Redford's distinguished collection of Western art.

His work received world-wide exposure early in 1975, when Warner Bros. Records purchased his drawing of the late rock guitarist Jimi Hendrix to grace the cover of Hendrix's album, "Crash Landing".

Also on display during the Reid Gallery Western Art Show will be the works of Kris Swanson, Charlie Reid, Clifford Pettman, Sister Adele and other prominent western artists. Many of the artists will be present at the show opening.

The Western Art Show will continue through July.

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Photo Series Features Carmel Valley Ranch Scenes

The vanishing Carmel Valley Ranch scene is the subject of a series of photographs by James Ziegler on exhibit at the Monterey Peninsula Museum of Art through September 5.

"I asked one of the ranchers if I could come out and take photographs," he said in recalling how he began his series of photographs in the early 1960s. "By taking photographs of their favorite horses and the scenes, they invited me back and I took over the job of fire-starter."

"They would gather the cattle from 4 until 6 in the morning. By that time, I was supposed to have the fire and branding irons hot. They would begin branding; it was usually an all-day job."

It was also a job which began for Ziegler only after his retirement from another job. He was born in Rhode Island in 1906 and moved to Berkeley before accepting a job with American Express which took him to Manila and parts of Japan; he returned from Japan before the outbreak of World War II and spent the war studying Japanese at what is now known as the Defense Language Institute.

Ziegler became familiar with the

Monterey Peninsula after returning to Berkeley.

"We used to come here on vacation. I felt this would be a grand place to live and bring up our kids. The Carmel Valley was more rural then than it is now," he said.

"There is something (about the Carmel Valley) that fascinated me: the Remington scene. It's so far from anything you see in Rhode Island or Berkeley or the Orient."

He continued the series of photographs which began in the 1960s through the mid 1970s before coming to an abrupt halt during the drought. He was, at that time, unable to find enough water to continue printing his photographs, so brought the series to an end.

"I tried to have them (the Carmel Valley Ranch scenes) well-composed and tried to make them acceptable to a person who had no knowledge of this at all," Ziegler said in summarizing his work. "The composition is important in this, but they're something over which you have no control. They are grab shots. It's pure luck; you have no control over it at all."

Evans Gallery Will Display "Belgium Crafts"

The Marjorie Evans Gallery announces the opening of "Arts and Crafts in Belgium". This is a collection of sixty pieces produced by contemporary Belgian artists selected by the Belgian Government for the United States "Belgium Today" program which celebrated the 150th anniversary of Belgium's independence.

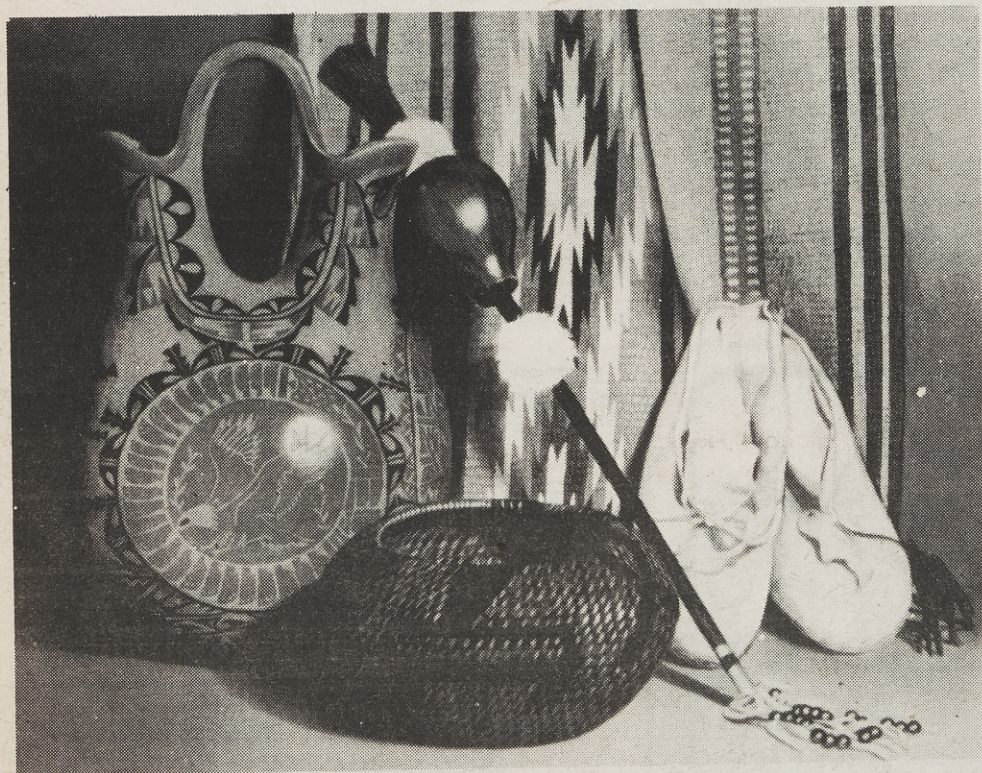
The works were produced by artists of the highest skill and quality and are handcrafted. They are fashioned in a traditional design using centuries-old methods for which Belgium has earned a world-wide reputation. Examples of crystal, ceramics, tapestries, metal work, lace, wood, and jewelry are included. The finest materials were used in production and the artists have skillfully combined the past and the present. This is especially evident in the crystal and pewter.

Antonio Lampecco's ceramics, Tap-

ta Wieruaz Kowalski's tapestry, and Colette Van Steyvoort's lace are some of the artists and their medium. There are seventeen artists and they have exhibited in Japan and Africa as well as in many European countries. Some have received commissions for major work.

The exhibition affords an excellent opportunity to view and enjoy the present arts and crafts in Belgium, flavored with the techniques of the past. The collection will be on view from July 3 to August 14 and is being circulated nationally by Van Arsdale Associates, Inc. The U.S. tour is sponsored by the Embassy of Belgium.

The Marjorie Evans Gallery is located in Sunset Center at 8th and San Carlos in Carmel and is open each weekday from 9 a.m. to 5 p.m. There is no admission charge to the exhibition.



The works of Charlie Reid, co-owner of the Reid Gallery will be among the paintings on display at the Western Art Show at the gallery. The show will continue through the month of July.

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Deadline for inserts is June 29

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Meals On Wheels Announces Committees

Charter members of the Auxiliary—Meals On Wheels will be honored by having their names inscribed on a Parchment Scroll, announced Gary Duffel, president of the Auxiliary, at the regular monthly meeting of the group held on June 18.

At the meeting members focused on a membership drive and on new fund-raising ideas for the Auxiliary. Mr. Jay Roberts, Monterey, was introduced as the head of the Ways and Means Committee. Ms. Pamela Silveira, Carmel,

and Mrs. Daniel Fletcher, Pacific Grove, were appointed co-chairs for the Community Relations Committee.

The next regular meeting for the Auxiliary is scheduled for 7:30 p.m. July 16 at the Estrada Adobe in Monterey. The new Founders Parchment Scroll will be presented at that time.

All persons interested in becoming members of the Auxiliary, are invited to attend the meeting or may call 375-4454 for more information.

Pony League Standings

At the season's half-way point in Pony League baseball play, the Lions and Padres are deadlocked in first place with records of seven wins and one loss. The Lions, coached by Mark Rankin and Pete Dew, are sponsored by the Carmel Lions Club. The Padres are coached by Mike Lucido and sponsored by Carmel Valley Village Self Storage.

Beau Brushert held the A's to four hits when the Padres defeated the A's, 5-2, on June 9. Leading hitters for the Padres were Simon Laguens and Josh Barbieri, who were both 2 for 3 at the plate, and Brushert, Randy Barker, and Robert D'Atillio, who all had doubles. The Padres scored four runs in the second inning, with Barker and Jerry Kurz each collecting two RBIs. Jim Courtney pitched the complete game for the A's.

In the second game of the day, the Lions defeated the Tigers, 19-0. Chris Nolte pitched the complete game for the Lions, holding the Tigers to two hits. Leading hitters were Lions Josh Banks, who was 2 for 3 including double and triple, and Brett Ledbetter and Nolte, who both doubled. Steve Szaszy doubled for the Tigers.

Last Saturday's games matched the Lions against the Rotary-sponsored

Mets, and the Paul Pak A's against the Carmel Kiwanis Tigers. In the first game of the day, the Lions scored three runs in the sixth inning and held on to win, 6-4. Josh Banks' triple was the big hit of the inning. Leading hitters were Chris Nolte, who was 4 for 4 with a double and four RBIs, and Banks who was 3 for 4 including the triple. Ali Monroe and Jason Lande both collected two hits for the Mets. Pitchers were Rene Diaz and Nolte (6th inning) for the Lions, and John Selle and Darren Read (6th) for the Mets.

The A's downed the Tigers, 15-5 in the day's second game. Nic Trudeau pitched for the A's, relieved by Jake Miller. Miller also collected two hits. Christian Brauderick doubled for the Tigers.

League Standings (as of 6-19)

	Won	Lost
Padres	7	1
Lions	7	1
Mets	4	5
A's	3	6
Tigers	0	8

Alliance On Aging July Meetings

There's a lot in store for Alliance on Aging members and guests during the month of July.

With warm summer days on hand the Alliance has an outing planned for the July 6 meeting. Members will meet at El Estero Park for the Picnic and Fare.

Rescheduled from June, Dave Behrent, former President of As Gro Seed Co., is the guest speaker lined up for July 13. Behrent's presentation is "What's Behind Your Vegetable and Flower Seeds".

Plants will also be the topic on July 20 when Harriet Roundtree presents "Lester Roundtree, Hearty Californian. Lester Roundtree did propagation of

the native plants the Arboritum is still working on. Harriet Roundtree, who is Lester's daughter-in-law, is presently caretaker of the Arboritum Museum off Highway One.

Health conscious seniors may enjoy the July 27 presentation by Dr. Thomas Ainsworth. Dr. Ainsworth will discuss "Preventive Medicine". Ainsworth is the former Chief of General Surgery at Bryn Mauer and was also Medical Director of the Illinois Masonic Hospital in Chicago. He has written two books on medical practices.

For more information call 649-1222.

Rooms Needed For Interpreters

Share a spare bedroom or apartment and your good hospitality for two weeks and you will get in return an opportunity to meet some wonderful people and share in the preparation of Monterey's own Olympic "team".

The Monterey Institute of International Studies was selected to be the Official Supplier of Press Interpreters and Translators for the 1984 Olympic Games in Los Angeles. This team will play a crucial role in facilitating communications between some 8,000 media representatives from over 150 nations and more than 10,000 athletes from 132 nations.

The 46 members of the Monterey Institute team will need a "temporary home" from June 28th to July 13th during their period of intensive training just prior to departure for Los Angeles and the 23rd Olympiad. Take in one of these graduate students (or even two) and you will be sure to enjoy getting to know these exceptionally talented professionals and you will also be able to share in their Olympic experience.

For further information, please call the Monterey Institute at 649-3113, Extension 51.

Photo Workshop Scheduled

A one day workshop will be held at the Pacific Grove Art Center, 568 Lighthouse Ave., Pacific Grove on the Copper Split Photography technique, on Saturday, June 30, taught by Theresa Airey. Cost for the workshop will be \$20 and the class will run from 9-5.

This workshop will feature creative printing techniques in photography and will demonstrate the Copper split process with various papers and developers. Discussion will be on a

variety of papers, developers, hand-coloring, negative printing, toners. Also, how to decide when to color, tone or split and if the process enhances the image or not and why.

Ms. Airey will expand your creative vision and teach exciting new ways to selectively translate the black and white negative.

Please call the Pacific Grove Art Center for reservations in the workshop at 375-2208.

Earth Quakes Will Be Red Cross Meeting Topic

"The Big Quake" will be the subject of speaker William W. Ward when he appears at the Annual Recognition and Awards Meeting of the Carmel Chapter Red Cross, Thursday, June 28 at the Thunderbird Bookstore in the Barnyard Shopping Center, Carmel.

Ward, who is Regional Manager, Office of Emergency Services, is an authority on earthquakes: safety, prediction, and probability.

Another part of the evening's ac-

tivities will be the presentation of awards to Red Cross volunteers. Election of officers will also be held.

No Host cocktails begin at 6 p.m. Dinner will be served at 7 p.m.

"We would like to urge every Red Cross contributing member and their friends to attend this open meeting," stated Paul Root, Disaster Chairman.

Reservations may be made by calling the chapter at 624-6921 prior to June 27.

BODY AWARENESS

Mon., Wed., Thurs. 5:15-6:30 p.m.

Carmel Valley fitness classes meet evenings at the Community Center in the Village (Ford Rd.) Classes in stretch, aerobics and toning are offered.

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Photo by Debi Effron



Competition was high at the second annual Round-up sponsored by the Carmel Valley Rodeo Association. More summer events are planned by the CVRA.

Round-up Results

A total of 138 team roping teams and 20 barrel racers competed in the 2nd annual Summer Round-up held June 9th at the Carmel Valley Trail and Saddle Club.

Results of the event showed Jim Peterson and Alan Bach in first place in Open Roping; Dale and Steve Horn placed second and Jim Peterson and Dale Horn placed third.

In Mixed Team Roping Chris Gomes and Alan Bach came out on top followed by Joan Gates and Jim Peterson in second and Chris Avery and John Rodriguez in third.

Mark Comes and Blane Santos were first place winners in the Switch-end roping. Santos came back with new partner Alan Bach to claim second while third place went to Ray Borzini and Chris Nielsen.

In Barrel Racing (open) Joan Riso claimed first place; Kelli Enyart took second and Misty Thurman took third place. In the Junior Barrel Racing it was Kelli Enyart that claimed first place. Following Ms. Enyart were Gina

Jansen in second, Travis Canter in third, Coby Utterback in fourth and Lisa Swift in fifth. Fourth place winner Coby Utterback of Salinas received a gift certificate from the Farm Center Store for her efforts. Five year old Coby was the youngest competitor.

The Summer Round-up was sponsored by the Carmel Valley Rodeo Association. Another event planned by the CVRA will be "Carmel Valley Ranchers' Days" scheduled for September 8 and 9 also at the Carmel Valley Trail and Saddle Club. Events will include team penning, calf branding, muley roping, and team roping. The all around champion of the event will receive a new horse trailer sponsored by the CVRA and local ranchers. The trailer will bear the brands of all local ranches sponsoring the event. Sponsorships are open to all ranches. Those interested in being a sponsor should contact Tootie Truesdell at P.O. Box 611, Carmel Valley, CA. 93924, or call 625-2606 evenings as soon as possible.

Community Center To Hold Annual Meeting

New Directors will be elected at the Annual Meeting of the Carmel Valley Community Youth Center on June 27 at 7:30 p.m. in the Activity House on Ford Road.

The membership is invited to attend to vote on the slate of candidates presented by the nominating committee. On the slate for two year terms are Bob Heald, Lusie Morris, Marsha Olsen, Tina Plascencia, Mel Pritchard

and Fred Slabaugh. Nominated to fill uncompleted one-year terms are Jibb Bowe, Holly Decker and Mark Heath.

Directors with one year of their term remaining are Cathi Camp, Carol Covell, Dan Gladney, Charlene Hohler, Randy Randazzo, and Dan Saxton.

Officers for 1984-85 will also be elected by the directors during this annual meeting.

Cetacean Society Plans July Cruises

Peninsula residents will have a splendid opportunity to view whales, dolphins porpoises, marine birds and other marine animals on special nature excursions aboard the 100 foot luxury yacht Princess Monterey.

The two outings are scheduled for July 1st and July 8th. Cost for each trip is \$15 for adults and \$8 for children under 14 and includes coffee service. Cocktails and croissants will also be available aboard the yacht. The excursions last from 8 to 11 a.m. Check-in time is 7:30 a.m.

Naturalists Alan Baldrige and Milos Radakovich will be aboard to provide commentary.

The outings are sponsored by the American Cetacean Society, a non-profit organization active in the areas of conservation, education and research related to marine mammals. Their primary concern is with whales, dolphins, and porpoises but they recognize the interdependence of all marine life, and take concerted action to protect and enjoy it.

The Cetacean society was founded

in 1967 to gather information on and aid in the protection of marine mammals. It started with one chapter in Los Angeles, California and grew to include several chapters and finally in 1977 became a national organization.

Benji Shake, owner of the Princess Monterey, will donate all proceeds from the two July excursions to the Monterey Bay Chapter of the American Cetacean Society.

Memberships in the Cetacean Society are \$25 for the family, \$20 single, \$25 institution, \$18 full-time students, \$15 senior citizens and \$25 foreign members. Lifetime memberships are available for \$500. All members receive a quarterly subscription to *The Whalewatcher*, as well as to *Whale News* and the ACS National newsletter. Special rates on whalewatching trips, ecology expeditions, classes, and other activities sponsored by ACS are also available to members.

For more information on the Cetacean Society call the local chapter. For information on the excursions call 372-BOAT.

Western Dance Classes Scheduled

Western dance classes are now being offered by your local recreation department. Learn the most popular western dances in California.

All classes meet one night a week for four consecutive weeks. The cost

is \$20 per person. Partners are not necessary and all ages are encouraged to attend.

For more information about classes in the area call 541-6143.

July Stamp Issues Announced

Philatelists will find three stamp issues scheduled for the end of June and the beginning of July.

Scheduled June 29—Frederic Baraga (postal card), Baraga, MI; July

2—Migratory Bird Hunting and Conservation, Des Moines, IA; and July 13—Roanoke Voyages, Manteo, NC.

No other issues are scheduled until August 1.

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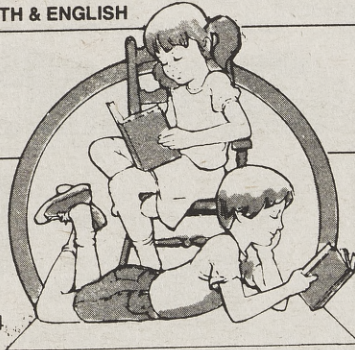
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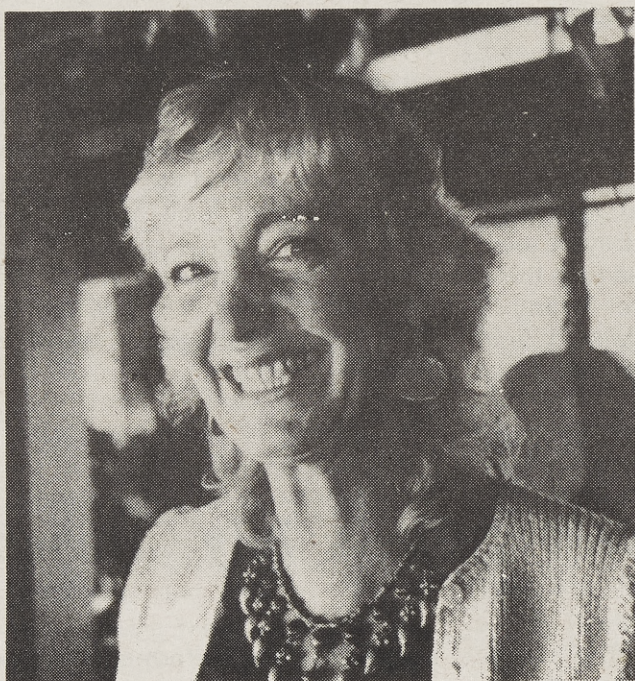


VOICES FROM THE VALLEY

The question this issue:

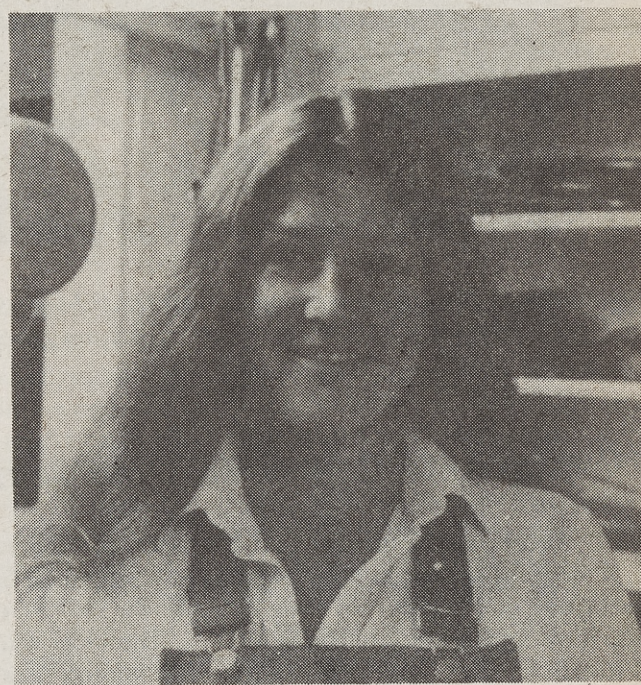
What brought you to settle in Carmel Valley

Photo by Debi Effron



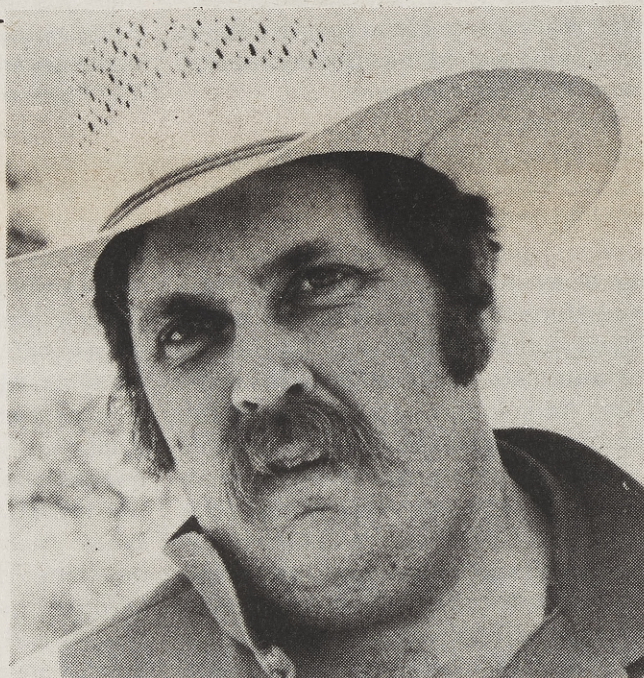
Pam de Leon

"I used to go to Rancho del Monte, since I was a child. I moved out here from Carmel for the sun. I met my husband out here."



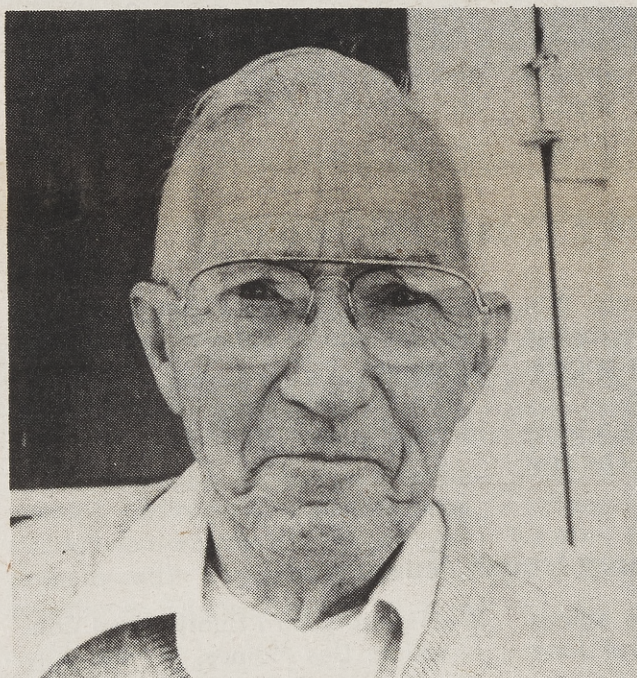
Diane Whitworth

"My dad was born at 'the caves' this side of Tassajara. He used to work with Rosie. I was born in Salinas and have been coming here ever since."



Mike Spring

"The openness, better people. I came from Monterey. I can hunt and fish here. The country life."



George Willis

"I moved here from Oregon, rain country. My wife was sick and needed a dryer climate. I've been here ever since."

DR. JOHN VON BERG

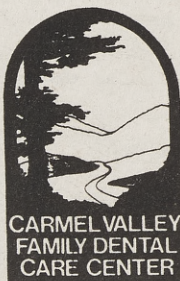
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CLUBS



**Carmel Rancho
Lions Club News**
by
Frank Catalano



Convention Is Lions Big News

On May 27th ten tired people returned from the annual Santa Rosa Convention. Our fearless bowling team took a third place award for the district thanks to some excellent bowling by team captain Al Garoutte, Anchor man Milt Hardesty, middle bowler Charles Mackres and some backup from Ms. Jean Mackres and your worn out writer.

During the convention the office of District Governor was won by Lion Lucas Zaballos representing the Santa Cruz Lions Club over a very hard fighting Tony Lima of the Freedom Lions. Just another case of big over

little, with big getting a majority of the votes.

The Salinas Host Lions Club has announced all is in readiness for the welcoming of our International family. Over 100 high ranking Lions will be holding a directors meeting in Monterey during June 25th thru June 30th, then on to San Francisco for the International Convention; with over 50,000 Lions scheduled to attend.

Monterey will welcome Lions from all over the world. Among the visitors will be Past President Lloyd Morgan and his wife from New Zealand and incoming International President Bert

Mason, wife Beryl and daughter Paddy. Also arriving in Monterey will be Lions from South America, Denmark, Sweden, and Japan. In addition there will be over 50 staff members from Oak Brook, Illinois including Editor in Chief Roy Schaetzel as well as present International President Dr. James M. (Jim) Fowler. Highlight of the gathering in Monterey will be the Western Barbecue for all Lions and their guests at the Sheriff's Possee Grounds in Salinas on Thursday June 28th.

Notes from the Monterey Peninsula Lions Blind Center—Lion Bill Read (who is blind) has been named Volunteer for the Year by the Blind Service Center. Lion Bill was presented with a certificate at a banquet given by the Volunteers in Action. Indeed, Bill Read is our special Volunteer of the Year. He has been active at the Blind Service Center since its inception, as well as running it over these years as managing director.

Incoming President Charles Mackres has announced the annual picnic will be held at the Carmel Valley Community Youth Center either on Saturday July 14th or Sunday July 15th. More info on this at a later date.

Many local Lions were honored by incoming District governor by being

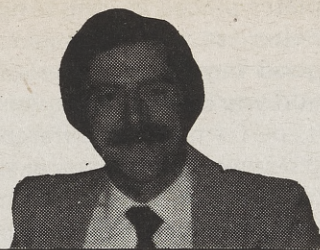
appointed members of the Governors Cabinet. These include from Seaside Lou Milani and Charles Benson; from Monterey Lion Joe Lomanto; from Pacific Grove Bill Tosch, Buck Priem and Dick Bolster and from Carmel Valley, your own little writer here, was appointed to the job of Extension Chairman as well as assisting with the new membership coordinating committee under Chairman Bob Hanson of the San Jose Host Lions Club.

Notes from the convention—the local region served over 700 hungry Lions to a spaghetti feed during the International Luncheon. The Pacific Grove Lions served delicious deep fried calamari as their specialty. Other local winners in the various events were Joe Lomanto, first place in the golf tournament; Frank Campos, first place in the Tennis Tournament; and Ann Priem as the closest to the pin in the golf tournament.

Congratulations to the members of the Los Pobres Club on another outstanding barbecue. Many members of the local Lions club were in attendance. Congratulations also, to the C.V. Kiwanis Club for all their help in putting on the barbecue. Many of their members are also in the Los Pobres Club.



Kiwanis News
Dr. Steve Austin



Kiwanis Work Benefits The Community

The Kiwanis recently constructed a raised bed vegetable garden for the residents of Rippling River. Fine redwood from an old tennis backboard was used to build a twenty by four foot structure, high enough above ground to allow easy tending while standing or sitting in a wheelchair.

Marvin Smith and Larry McCann came early to the site and not only disassembled the backboard, but cut all the lumber to proper size. After that Marvin, A.J. Stotler, Dick Atwood, Ed August and Paul MacDonald (CHS Key Club) put it all together. After being filled with potting soil donated by Hodges Landscaping of Carmel the bed was ready for planting. At that point fellow Kiwanian Dave Behrent delivered flats of young vegetables on behalf of the Garden Club for the residents to plant. The gift was greatly appreciated by the residents. Resident Manager Holly Farmer has offered many thanks to those who participated and the club wishes a bountiful harvest to the residents.

Breaking tradition, the directors have chosen not to hold our annual tree seedling project. Historically the club has given young trees away free each spring with the intent of helping mask some of the road cuts in the hillsides and to reforest parts of the valley. After much discussion it was

decided to donate the \$200 budgeted for the trees to help landscape at the Community Park instead. Randy Randazzo coordinated with Bill Marshall, A.J. Stotler, Gary Tate, Steve Austin, Bill Mellon, Walter Toy and Larry Busick to plant over 540 African Daisies on the northeast corner of the park. They also planted 30 beautiful rose bushes just outside the tot lot which were in memory of Marie Tedrow. Marie was known and loved by many in our community. After hours of pick, axe, and shovel work the volunteers were rewarded with a thank you BBQ lunch a la Randy.

One of our club's favorite events will be held during the second week in July—The Presidents Council Barbecue. In lieu of the regular council meeting the Carmel Valley club invites members from all the other Kiwanis Clubs to a great meal and competition at the Trail and Saddle Club. Horseshoe and volleyball tournaments, plus good food and an outstanding raffle bring them back every year. To help promote the BBQ, members from our club attend the regular meetings of the other clubs and offer advance tickets for the feast. This is a great opportunity to see old friends and make many new ones.

The club has had three new members join in the past month—Mid-

Valley Optometrist, Irv Hartford; Cartoonist/Illustrator, Rodger Weeks; and Real Estate agent, Jim Toscano. To Irv, Jim and Rodger, welcome aboard.

Luncheon speakers this month included Holly Farmer, Resident Manager at Rippling River. She spoke on the Housing Authority and its role at Rippling River. Gary Page of the Monterey Peninsula Water Manage-

ment District detailed the plans for restoring our river and its banks. A representative from the Monterey Jazz Festival spoke about this year's program. Winding up the month was Kiwanis Vice President Dick Atwood who presented an excellent program on model ship building from the research through final construction.



Kiwanian A.J. Stotler was among the hard workers who planted the Marie Tedrow Rose Garden as well as over 540 African trailing daisies at the Community Center.

GUN THOUGHTS

by Jaime del Valle
Gunsmith

There are many organized shooting sports events going on all the time, most of them designed to develop the skills that it takes to keep "all the holes where you want them". Trap and skeet are very popular, and metallic silhouette shooting is getting some excellent shooter turnout (thanks, in part, to the efforts of the club at the Laguna Seca Rifle and Pistol range). There is I.P.S.C. style combat shooting at Fort Ord, and the National Rifle

Association sponsors many forms of target shoots regularly across the country. There are bowling pin shoots, metal "falling plate" shoots, "running boar" shoots, turkey shoots, fast draw competitions, 1000 yard events, the Olympic target and biathlon (shooting on skis) events, and on, and on. Despite all the rounds of ammunition expended on these and other shooting sports, I would wager that there is more ammo used in informal, relaxed, non-publicized events known to shooters as plinking.

truck, car, bicycle or whatever, and fasten a target or piece of paper to the center of it. Find an appropriate backstop with a slight sideways grade,

I strongly suggest all shooting be done with adequate eye protection.

le a rifle, pistol, or revolver in this chambering, and learn to handle it well enough to spend some enjoyable time wringing it out on the plinking range. This isn't to say that other guns and loadings shouldn't be considered, but if you're planning to shoot a couple of hundred rounds in a session, you probably don't want to use your favorite .44 Magnum with hot loads, or your .458 elephant gun. The cost of the rounds alone is more than the average budget can tolerate, not to mention the sore hand or shoulders that a day of shooting is bound to produce.

The .38 caliber guns, including the .357s, are excellent for this kind of shooting, as are the .45 autos or any caliber of comparable recoil. The larger handguns can be loaded down to achieve the level of recoil that a

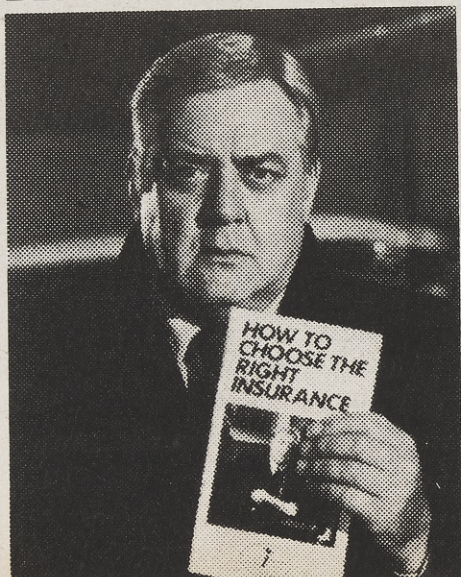
Most plinking is done with the .22 rimfire class of guns, though it certainly isn't limited to these.

shooter can comfortably handle. For rifles, the .223s will provide the shooter with an accurate, light recoiling round that won't break the bank if you're going to be shooting for a few hours. For the long range targets, try a .243, .257 Roberts, 6mm Remington, or if you think you won't suffer for it move along to the .30-30, 7 or 8mm Mauser, .270, .308 Winchester or .30-06.

After a hard day at the range, thoughts of the cool one waiting shouldn't keep you from completely cleaning the area of all the debris that accumulates, including the brass from .22s, any target material that you used, and all the assorted trash that finds its way to the ground.

So put your imagination to work creating a challenging, safe plinking course of fire, and aside from having a whole lot of fun, I'll bet your shooting will noticeably improve.

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...there is more ammo used in informal, relaxed, non-publicized events known to shooters as plinking.

Plinking is much easier to DO than it is to define. All it takes is a gun, some ammo, and a safe place to shoot. Targets can be almost anything: dirt clods, tin or aluminum cans, rotten fruit, gallon jugs full of water, Neco wafers, steel discs, ping-pong balls, full cans of beer (generic only), balloons, wood scraps; in short anything in-

There is one item that should never be shot at, except in a dump wherew shooting is allowed: glass.

animate that will respond to being shot by clanging, falling over, moving, coming apart, or otherwise changing form. There is one item that should never be shot at, except in a dump where shooting is allowed: glass. Even if you think all the pieces are picked up, your barefoot great, great, great grandson will never forgive you for the gash he acquired while strolling through your old shooting range.

There are a few challenging games that develop your skills at shooting moving targets. Take an old tire—

and have someone stand uphill with the prepared tire, well out of the possible line of fire. On a given signal, the tire is rolled downhill, and at a predetermined point is shot with as many rounds as possible before passing another "cease fire" point. After rolling past this point, another person, (again coming from behind the line of fire) can retrieve the bouncing beauty and make nasty comments on the shooters ability to hit the broad side of a barn. Slightly less exerting is the practice of standing with your back to the wind in a field or open space with a good backstop, and releasing balloons to bounce and blow away from you. If it ever seems too easy to hit them, try a second or two delay before you start firing, or try letting three or four go at once.

Shooting at various sizes of steel plates placed at long ranges, or even better, at various ranges, is another good way to get experience with the gun you'll be using to hunt with, and its performance at different distances. Whenever you're firing at steel or other targets where the bullet may tend to bounce back to the firing line, eye protection should be an absolute requirement. I strongly suggest that all shooting be done with adequate eye protection, but the danger of eye injury is increased when shooting steel or other solid targets.

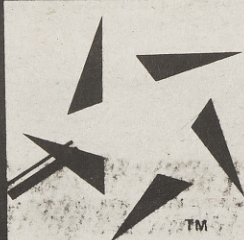
Most plinking is done with the .22 rimfire class of guns, though it certainly isn't limited to these. Most .22s are relatively inexpensive, mild in recoil and noise levels, and extremely accurate. Almost anyone can learn to hand-

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BUSINESS

The Chamber Connection

By Chamber Executive Director, Grace Darcy

Federal Express is coming to Carmel Valley Village! The Village Business Service will commence offering this service to its patrons soon. If you want to send or receive a letter of package without any delays, call **KATHIE MC CRARY** at 659-3161, or drop by the Village Business Service office at 24 West Carmel Valley road. The one day service stipulation offered by Federal Express applies. More details next time.

The Carmel Valley Natural Food Store now features fresh fish daily. **WENDY JONES**, the energetic and attractive proprietor of the store, invites the public to drop by and see the new product selection. While you are there, look over the wonderful selection of macrobiotic foods **WENDY** features, as well as the wide assortment of health and fitness products. If **WENDY** is not in, **BLAIR, BONNIE**, or **ELIZABETH** can help you.

Database, a newly established, personalized automated bookkeeping service, has opened offices in the Plaza Linda Building. Its proprietor, **CANDACE**

SNOW, brings many years of bookkeeping experience to the operation. Database is one of the Chamber's newest members, and **CANDACE** also is Treasurer of the Professional women's Network of the Monterey Peninsula.

Another new member, **DOUGLAS EFFRON**, will fix your car at your home or place of business. **DOUG's** white Mobile Mechanic van is fully equipped and he can take care of most of your problems right where you are.

Two new businesses under the same roof, so to speak, have joined our Chamber. They are Alliance Investigative Services and Monterey Peninsula Mobile Security, both at 200 Clock tower Place. Contact **ELIZABETH OLIVE** for further information about their services.

When you are in the Village, there are two shops that are a must on your places to visit. One is **BONNIE LYNCH'S** Ahoy There, and the other is **MARY LAIRD'S** Last Chance Card Shop. Both of these shops are browsers' paradises, with many many

things to see and enjoy. Best of all, they are just a few doors from each other.

On these warm days, one of the nicest places to visit is **RICHARD HOLINE's** Baskin-Robbins store in Carmel Rancho. There are an extraordinary number of wonderful flavors, and an ice cream cone is a quick cooler on a warm day.

The Chamber is planning another luncheon in July, and we hope that all Chamber members and the public will come. More about this next time, but it is important for readers of the *Sun* to know that Chamber luncheons are open to the public. Last time, we had our luncheon at the Holiday Inn and heard Superintendent of the Carmel Unified School District Bill Rand tell us how business can help improve education. It was an interesting and enlightening talk, and we thank Superintendent Rand for his generosity in taking the time from his busy schedule to speak to us.

See you next time.

SHOPPING AROUND

In light of a recent fashion show held at the Los Laureles Lodge to benefit the Carmel Valley Fire Department it seemed a good idea to take a look at some of the other items available from Sandi's Fashions who sponsored the show.

Sandi's Fashions, owned by Sandra Christensen, is located in the Village Shopping Center on Carmel Valley Road and Via Contenta. It's a small shop located between the Carmel Valley Pharmacy and the Last Chance Greeting Card Shop.

You are greeted at the shop entrance by tastefully done display windows touting the latest seasonal colors and fashions. Once inside you are assured of finding something cute, a dog or two, and a parrot named "Big Bird".

The store features junior sizes in a variety of items. There are blouses, jeans (Calvin Kleins), skirts, bathing suits, dresses, robes, and silky undergarments. She also has a small selection of jewelry (earrings and bracelets).

Though she feature the junior sizes, Sandi says her customers range from twelve to sixty. "Junior styles are not limited by age, only by size, and it's surprising how many sizes they do accommodate," she said.

Sandi has a strict philosophy where business is concerned: Never pressure anyone, always give an honest opinion when asked and remember, something new always makes a woman happy. Her philosophy has won her many customers and friends as well.

Sandi acquired the shop around seven years ago. After six years in the banking field she decided to go into business for herself.

She chose the valley as her career sight because "The valley captured my heart because it is so beautiful and so personal," she said. She originally

came from Pacific Grove and added that the peninsula has always been her true home.

The shop Sandi is in actually goes back a long way. Originally it was Jo Anne's Boutique which featured half sizes. From 1972 to 1977 it was called La Boutique and featured ladies

sizes. When Sandi purchased it she slowly made the transition to the fashions it features today.

Her favorite part of being in business for herself is having her animals with her. Regulars are not startled by the wolf whistles from "Big Bird" while they are visiting the dressing rooms.

Of her animals Sandi said "Everyone seems to enjoy them and, it makes my store more personal."

If Sandi's Fashions has not been discovered by you yet you might want to drop by and take a peek. While there give a hello to "Big Bird".

New Train Attraction

The Monterey Peninsula's newest attraction opened June 15. Trains and Trivia, located at 711 Cannery Row in Monterey, features a 9 foot by 16 foot operating model railroad layout that emphasizes the towns and scenery of the Monterey Peninsula.

The railroad is presently under construction, but according to manager Dan Manzany the trackwork has been completed and the trains are running. The scenery scheme is now being planned and will be completed over the next several months. "Of Course," said Mr. Mazany, "all efforts will be made to minimize interference with train schedules while the scenery is being constructed."

Trains and Trivia is located on the second floor of the Monterey Canning Company Building, which once housed a cannery on Monterey's historic Cannery Row. Along with 360 degree views of the HO scale model railroad, Trains and Trivia has many "hobby shop" type times for model railroaders, and lots of railrodiana for all train buffs. The memorabilia includes such things as actual stock certificates issued by now defunct railroads, some dating back to 1916, license plate frames with cute comments, signs, cloth railroad heralds, and wall clocks with heralds. Also offered are several unusual toy lines from Germany.

Trains and Trivia is open seven days a week from 10 a.m. to 9 p.m.

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BUSINESS

ZIMMERMANN NOTES

By Stephan F. P. Zimmermann

Carmel Exemplifies
Eroding Trends

The planning commission and the city council of Carmel have formalized and are in the process of adopting zoning amendments which exemplify a number of trends increasingly evidenced in the United States during the last decade. These trends indicate a severe erosion of certain fundamentals which signal to us a warning flag over the continued enjoyment of political democracy and economic freedoms.

The ordinances are far-reaching in their impact upon local property owners and business operators.

The ordinances are far-reaching in their impact upon local property owners and business operators.

— The ordinances would restrict the use of private property far beyond the commonly accepted bounds designed to ensure the public's safety;

— They would impede free enterprise while encouraging oligopolistic and monopolistic practices;

— They would jeopardize the revenue base of the city and thus potentially increase the tax burden on local residents or decrease local services;

— They were formulated by an ambitious, motivated city administrator and written by a relatively unseasoned staff. Both the staff and administrator were nurtured on the theoretical planning philosophies of the last two decades which espouse a political theory supporting government engineered and sociological changes; and

— Worst of all, these ordinances were directed as a city policy designed to cater to the sentimental whims of a rather silent minority and they will be enacted by a city council which was elected by less than 25% of the population which they purport to represent.

...these ordinances were directed as a city policy designed to cater to the sentimental whims of a rather silent minority...

Expressed in this legislation is the concept that economic growth is the very thing to be avoided in Carmel since growth breeds complexities. Complexities, however, are easily swept aside these days by government dictates. Therefore, Carmel's city government has decided to severely regulate, control and direct any possible growth which may take place under these restrictive conditions. Unfortunately, there is ample legal

precedent now on the law books to permit the council to carry out its grand design. Regrettably, these policies smack of such elitism that they are likely to result in the stifling of the very vitality which the council professes to uphold.

The philosophical implications are staggering. The history of the U.S. shows clearly that political freedom and economic security are achieved best in the reality of the enjoyment of private property rights and the pursuit of free, independent and autonomous business. Coupled with these principles is the rule of the majority. History has also shown that whenever a cynical, ambitious minority attempts to impose its will arbitrarily upon the majority, corrective action will inevitably result.

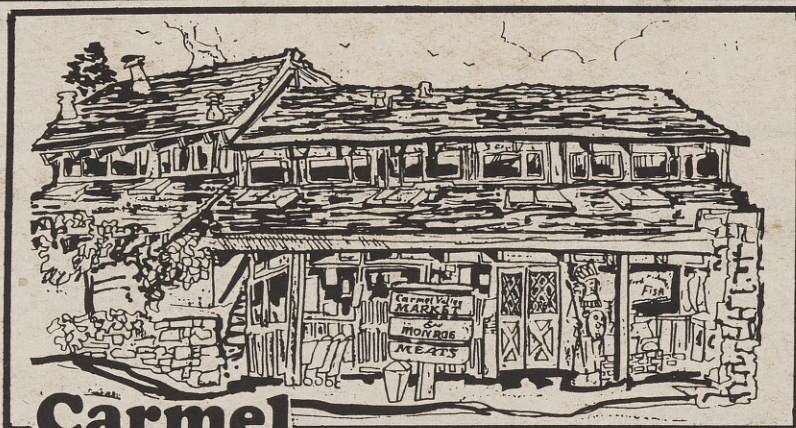
In the case of Carmel, a powerful tool first incorporated into California law in 1903 may well have to be applied to bring local government back into control of those people who have the longest vested interest of the community. That tool is the process of recall. It embodies the American

...Carmel can be a test case to determine whether or not Americans have accepted the concept of increasing government intervention and usurpation of constitutional rights.

system of checks and balances, it is just and efficient. It will certainly test whether or not the 4,700 residents of the tiny little town next to the sea wish to destroy its tourist revenue base and absorb the burden of a \$5.7 million annual budget, two thirds of which can be directly attributed to businesses and tourism.

Recall will also test whether or not the majority of the population of Carmel is interested enough in its community to vote, or whether the denizens of this village are willing to permit government to be run by individuals who, by virtue of the small number of votes they received, are hardly accountable to the population at large. Most importantly, perhaps, it will test whether or not the residents of Carmel are willing to permit government to assume a caretaker role which starts eroding the basic principles of democratic and economic freedom. Such erosion usually results in tremendous control.

This writer believes that Carmel can be a test case to determine whether or not Americans have accepted the concept of increasing government intervention and usurpation of constitutional rights. If they have, they need to be reminded of the English philosopher, Herbert Spencer, who wrote: "To attempt to protect men from their own folly is to people the world with fools."

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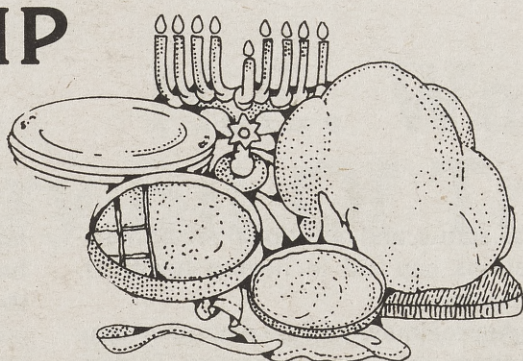
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SHELLY'S summer schedule is: Luncheon 11 a.m.—2:30 p.m., and "Dinner is served" 5:30—8:30 p.m. He is closed Saturdays and Sundays.

THE CHATTERBOX—Francis is making those wonderful donuts again. Get there early, they don't last long!!!

THE ICE CREAM PARLOR—has new hours, Sunday through Thursday 11 a.m.—9 p.m., Friday and Saturday 11 a.m.—10 p.m.

BROKEN BIT—no changes. Still opens at noon and serves from then on.

IRON KETTLE—Open Tuesday, Thursday, and Friday 12—3:30 p.m. Pastines are a new menu addition

as well as "Nancy's double chocolate chip cookies".

LA CAMPANIA—has an all new look. New sign, new patio seating. Other welcome additions are Gretchen's homemade bread and pasta. Their hours are: Lunch 12—2 p.m. Wednesday—Friday, Dinner 6—9:30 p.m. Monday—Saturday. They are closed Sundays.

PLAZA LINDA—their patio garden is open for lunch again. Their hours are: Lunch 12—1:30 p.m. Tuesday—Friday, Dinner 5:30—9 p.m. Tuesday—Thursday and 5:30—9:30 p.m. Friday and Saturday. They are closed Sunday and Monday.

NELSON'S INTERNATIONAL SEAFOOD RESTAURANT—patio dining is now available. Their hours are: Lunch 11 a.m.—3 p.m., Dinner 5—9 p.m. weekdays and 5—10 p.m. Saturday and Sunday. They are closed on Wednesday.

So, with all that in mind, as you take in our leisurely summer weather, don't spoil it by cooking. Visit any of these fine restaurants in all their summer glory.

PROPERTY VALUES

by Fran Hughes
Sun Valley Realty

Many of us will someday be confronted with putting a house on the market. The first question that comes to mind is, of course, how much can we get for it. This can be answered by consulting with appraisers, real estate agents, and other people knowledgeable in the field. The second question can be much more difficult, because it deals with an area where our personal tastes, and prejudices, come into play.

What should I do to make the house more saleable? Is this the time to remodel the kitchen, install a swimming pool, or repaint the whole place? Usually, those projects that are most effective in helping to sell a house do not require major expenditures. After you've spent thousands on new cabinets or a pool, the new owners may well rip them out and replace them with something else. I once spent a great deal of time laminating a large kitchen counter, only to see it a short time later sitting in a dumpster in front of my former house. C'est la vie.

It helps to try to look at your property from a new perspective. Start at the street, and look for those things that might strike a potential buyer the wrong way. Will he be driving through a jungle to find the house? You may be used to it. In fact, you may not even think of it that way, but try to look at it through his eyes. Hack down the overgrown areas, prune those plants you want to keep, and then be sure to water anything that's left. Unfortunately, the busiest time for showing houses here in the valley is after nature is through providing free watering. A little water is a very cheap investment towards selling your house. Next, look at your driveway. Has the surface seen better days? Patching, sealing, and new gravel can be very reasonable when you consider the boost they give to your property's first impression. How does the exterior finish look? Redoing the trim can really spruce up the place, as can repairing the place where the dog scratches at the door, or the spot where the kids were throwing darts until you caught them. Resealing and/or restraining decks and railings can revitalize the house's exterior at low cost in both money and effort.

Once you get inside the house, you are trying to emphasize two things; light and space. Any house will seem more spacious if you remove the day-to-day clutter and concentrate on keeping things neat. The prospective buyer should be seeing the house, itself, not your way of living. As for light, the most important thing that you, the owner, can do is wash the

windows and skylights. If the house seems dark, your real estate agent will automatically turn on whatever lights he feels will help its appearance. But, he can't clean the windows for you.

Aside from these fairly basic ideas, there is always the possibility of using plants as a decorative touch. Plants inside, hanging or potted plants outside, and flowering plants in the ground can all contribute to helping a house look its best at low cost. A real advantage to using potted and hanging plants is that you can usually take them with you when the house is sold. So it's important that you select things that not only make the property more attractive, but that you would be willing to live with in the future.

Remember, it's most important that you look at the house through the buyer's eyes. The initial impression is much more important than whether the house is blue or the pool is red.

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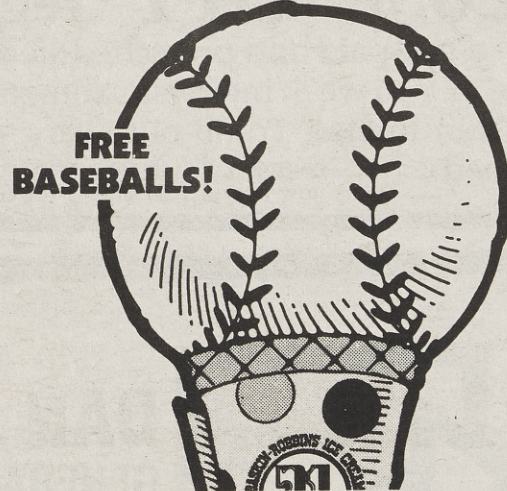
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PET PROBLEMS

By Dr. Alyce Wolford and Dr. Raymond Foster
Carmel Mid-Valley Veterinary Hospital

How old does a dog or cat have to be before she can have puppies or kittens? What does it mean for a female to be "in season" or "in heat"? What care does the mother and her litter need after birth? Is it true that I should wait until after my pet's first heat or let her have one litter before neutering her?

The terms "in season" and "in heat" refer to their estrus cycle which some female mammals show periodically during the year. The term estrus in general usage refers to the period during which the female will accept the male. Small breeds of dogs generally have their first estrus cycle or season between six and nine months of age. Large breeds of dogs generally have their first heat around a year of age. Cats have their first estrus by six months or younger! Many dogs and cats especially are fertile on their first heat and will conceive if mated. It is generally recommended not to breed an animal on her first heat cycle because she will be somewhat immature physically and has not completed her own growth. She may have difficulty with the pregnancy and/or the delivery.

Dogs come into heat once every six months on an average, although some individual dogs may have only a single estrus cycle during the year. The cat comes into heat several times during the year. The spring and fall are the periods of greatest sexual activity for the cat, both male and female.

Pets going through an estrus cycle

will show a number of signs. When a female dog begins to come into heat the vulva swells and a bloody discharge is present. This discharge persists from four to thirteen days (average nine days) then gradually disappears when the female becomes receptive to the male and can become pregnant. This breeding period lasts approximately a week. Ovulation is said to occur on the second to fourth day of this stage, which is the ideal time for mating. In cats there is very little noticeable discharge, however they exhibit a change in behavior. Cats develop a definite voice change and their shrill mating calls can be annoying. They may also show unusual behavior such as rolling around on the floor and an increased demand for affection. The cat, like the dog, generally wants to be outside to roam during this period. If conception doesn't occur, the dog usually comes back into heat in about six months, however the cat comes into heat repeatedly during the spring, summer, and fall. Even if the cat becomes pregnant, she can have two or more litters each year.

Gestation in the dog and cat is about 60-65 days; in other words plan on having new arrivals two months after conception. Multiple births are the rule for dogs and cats and litters of four or more are not uncommon. During this period the health and nutrition of the mother is particularly important. A prenatal check for physical abnormalities, intestinal parasites, vaccina-

tion status, and nutritional recommendations can aid in having healthier offspring.

Approximately 60-65 days after conception, delivery is expected. Taking the expectant mother's temperature for a few days before the due date helps determine her "normal" temperature; her body temperature drops to about 99° F about 12 hours before labor. Other signs of labor are restlessness, panting, anxious expression, "nesting" (scratching and tearing at the bedding). These signs continue for 4-24 hours before onset of their labor. True labor is shown by straining and abdominal tensing. The first puppy or kitten is delivered anytime from twenty minutes to several hours after onset of labor. If the mother labors in earnest for 2-3 hours without delivery, or there is more than 2-3 hours between puppies or kittens call your veterinarian—there may be a serious problem. An examination of the mother and babies (24-48 hours) after delivery is very important. They are checked for congenital birth defects, retained placenta, vaginal trauma, unborn pups or kittens, and infections. This exam also gives you an opportunity to ask questions about the care of the mother and babies.

An important question to consider is whether your pet should ever be a mother or father. It is an indisputable fact that the United States is faced with a tremendous surplus of dogs and cats. Humane organizations are so jammed up with handling surplus, unwanted

animals that they are seriously hampered in achieving the goals of their overall programs.

There are many medical and behavioral benefits in having your dog or cat neutered (male or female). These benefits include: (1) Convenience to you — elimination of "heat", attraction or roaming of males, confinement, aggression, physical damage. (2) Better health for your pet — eliminates the problems and risks of pregnancy and birth, risks involved with a free-roaming male, cancer of the uterus, or testicles, or prostate problems in the older pet; decreases the frequency of mammary tumors. (3) Eliminates sexual frustration and lets your pet relax and enjoy being part of the family.

Myths about neutering include: (1) It will make my pet fat — too much food and not enough exercise cause overweight. (2) She should have one heat or litter first — it is actually better for her not to have a heat period or litter before neutering. (3) It will take away the guarding instincts — they will be as protective of their territory as ever. (4) I will find homes for my puppies or kittens — finding "good" homes can be very difficult, and remember each time you place one of your puppies or kittens, somewhere else an animal is being killed because there is no home for him.

Please consider all these factors before you decide to let your pet have "just one litter".

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We, our family of three, had spent the day together browsing, shopping and visiting with friends during the evening meal. We arrived home pleasantly exhausted.

The phone call came late that Sunday evening. A son had been born to my husband's youngest brother and his wife. A new life, their first child, had entered the world to a welcoming family. For us a new nephew; for my son, another cousin to include in his life.

I looked into my son's bedroom. He and his dog shared the down comforter; he nestled under it, the dog sprawled over it.

"Are you asleep?" I asked. "Almost." came the drowsy reply. "I have good

news for you. You have a new cousin, Sean." I sat down next to him. "You know, that a family is pretty lucky to have a child. Children help parents. It's not only the parents that help the children. I've found that daughters help mothers to become more feminine. Sons seem to help mothers become more spiritual. You've helped me to understand a lot. Thank you." I said.

My son was very quiet. My words went deep inside him. Warm silence filled the room. He said softly, "You've touched me." We held each other tightly, grateful that we had chosen each other during this lifetime.



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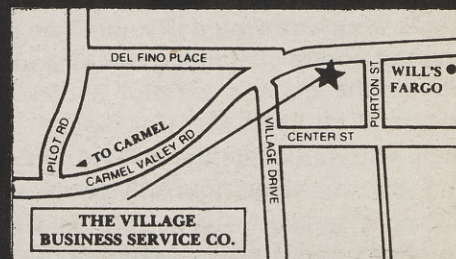
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N.E. Walker Says Every Bit Of Trash Is Degrading

This has been a particularly lovely month for N.E. Walker. Two of the nicest daughters live in Southern California and one Friday driving to Santa Barbara N.E. Walker was able to observe once more the freeway system, and even on the southern end of our unique state there is less pollution on these busiest of trails.

The jacaranda were in bloom making it obvious that our Higher Power ordered flowers for Mothers Day in Santa Barbara! My daughter, Kathleen, is Administrative Assistant of Anacapa High School and by recycling the most papers, bottles and aluminum cans, the students won a trip to Santa Cruz Island for a day! This is indeed a sensible way to inspire young people.

Friends then flew us down the coast in a Cessna to San Diego where we joined my youngest daughter, her husband and his family for a very enjoyable weekend. Horseshoes, croquet and a tasty chicken barbecue were mingled together with laughter and very serious talk of world events and catching up on what's been going on since last time we were together. Tedde and Wayne have a back yard about three times as large as the house and it is a perfect place to congregate or catch a nap under the mulberry tree.

Early Sunday morning N.E. Walker was able to emerge from this happy family setting and stroll along Blachthron Avenue for a neighborhood look-see. Signs proclaiming "Neighborhood Watch" were on each corner. Tossing a rock at Bonkers the black cat and watching her scoot home, Casey, the curly-haired pooch and I started out. We went half-way around the block and Casey became more interested in other dogs than trash and so picking

her up we completed the block and I put her in the gate and started out again trash hunting in earnest.

Blackthorne Avenue is a partially tree-lined, curving, quiet, well-kept street and one strawberry basket, well used which I found seven blocks along my journey, just as the trash was spilling out of my pockets (the Lord will provide) held the entire litter of this morning. One plastic lid, 20" toilet paper, yellow apricot, 1 popsicle stick, 1 marlboro box, empty, 1 matchbox, 1/2 hand towel.

At the end of the street standing drinking in the view of the hills a small curly dog caught my attention. Darn! Casey must have gotten out of the yard and followed me. Casey! Here nice doggie! Come here! For two blocks this dog kept out of my reach, always looking over his shoulder with a very worried look and increasing speed to attempt to lose me, and yet I must bring her home. We were both panting and I was losing the contest when the dog circled a small palm tree and lifted his leg. Stopping in the middle of the street, relief and laughter spun me around and bidding the obviously male dog a good day I retraced my steps and headed back to breakfast.

On a lawn with a "Neighborhood Watch" sign on it, a man was washing his camper and I asked him to explain how this "Watch" works. He said I was suspect when I walked by. Anxiety set in and he told me that he knows that the woman across the street has two sons and two cars and when he sees those two cars coming and going it's O.K. and if a different car pulls into their driveway he becomes alerted to "stranger in the neighborhood" and watches carefully until he's sure there is no danger. He explained that he was a farm boy who developed large hands

from pushing the plow to help the horse. He then became an engineer and helped put a man on the moon. He worked hard all his life and when a young man several streets away broke a window in his house and stole their silver and his wife's antique gold jewelry he figured someone would have to put a stop to this. His gun was stolen and the young man escaped out the back of the house as they drove in their driveway. How fortunate that he didn't run into the culprit. No, he was sorry he couldn't get his hands on the man. You never back down from scum and I'll protect what I worked for and is mine to the end of my life, he said.

The police department is also a part of "Neighborhood Watch" and it might be even more applicable to a rural neighborhood such as Carmel Valley, where houses are further apart and very vulnerable to theft and vandalism.

Flying back we raced with the fog all

the way and it was with great joy that we found a huge fog bank waiting just on the coast and the airport clear and sunny. The most interesting thing about our coast is the tremendous amount of boats and marinas we observed. The Queen Mary, dwarfing all other boats was not hard to spot as we flew over Long Beach.

N.E. Walker is having a terrific love affair with the beautiful State of California. Every little bit of trash is degrading and is a blot upon the landscape. Responsibility reaches from a bit of litter to whether a neighbor's house is ripped off. How many unconsciously contribute to this? Wake up! It is later than you think.

Back home in Carmel Valley, traveling put aside for now, N.E. Walker has come up with a plan! Aren't you glad and no, time doesn't permit. Tune in to *The Sun* next time. Cheers!

Sierra Club Outings

The Sierra Club has three outings scheduled for the early part of July for hiking and biking enthusiasts.

On Sunday, July 1, hikers are invited to explore Burns State Park. The hike includes a 4 mile ascent via Partridge Canyon to the ridgetop. After lunch hikers will descend 3 more miles by McWay Canyon. There is a short car shuttle. Needed for the hike is water lunch and a \$3 carpool donation. Hikers will meet at Brintons at 8 a.m. For more information call leader Marion Chilson at 624-3510.

A bike ride from Moss Landing to Sunset Beach by way of Elkhorn Slough and the river bottom lands of Watsonville is scheduled for Saturday,

July 7. The ride includes 35 miles of country riding and hills. Riders need to bring along a lunch and water and will meet at the Park and Ride lot in Moss Landing (in front of PG&E) at 9 a.m. Call Chet and Bev Gadaire at 375-8995 for more information.

A hike through the Del Monte Forest is scheduled for July 14. The number of hikers will be limited so reservations are required. The hike is an 8 mile loop. Hikers will meet at the Cinema 70 parking lot at 9:30 a.m. to carpool to the trail head in the Del Monte Forest. Bring food and water. Call leader Bill Bleick at 372-6738 for more information and reservations.

It's Getting Closer

Yes, the Donkey Softball game scheduled for July 22 is drawing nearer.

The Donkey Softball is sponsored by the Carmel Valley Fire Department. They have challenged the Mid Valley Fire Department to a softball game

atop the stubborn beasts. Action begins at 1 p.m. at the Carmel Valley Little League Park. Admission is \$1 for adults and 50 cents for kids (12 and under).

Proceeds will benefit the C.V. Little League.

Water Hyacinth Workshop Planned

The Monterey Peninsula Water Management District will present a workshop to the Board of Supervisors discussing the use of water hyacinths for turning raw sewage into potable water. The public is invited.

Water Management Manager, Bruce

Buel, said the workshop will go over the concepts of using the water hyacinths and its cost effectiveness. Afterwards, the Board of Supervisors will consider a pilot project Buel said.

The workshop will be held July 9 at 3 p.m. at 187 El Dorado, Monterey.

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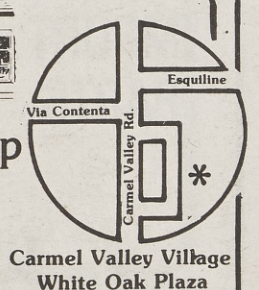
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BOOKS



News from the Carmel Valley Library

NOW AVAILABLE

1. *Full Circle* — Danielle Steel
A story of the relationship between a mother and a daughter and how it is affected by changing values.
2. *Book without a Name* — Kit Williams
Williams, author of *Masquerade*, challenges his readers again; this time to find a title for his new book.
3. *Civil Wars* — Rosellen Brown
New novel by the author of *Tender Mercies*.
4. *Devil's Novice* — Ellis Peters
A story of medieval suspense.
5. *Walking Drum* — Louis L'Amour
Historical saga set in 12th Century Europe.
6. *The Wheel of Fortune* — Susan Howatch
New family saga by the author of *Sins of Our Fathers*.
7. *The Forever Street* — Frederic Morton
A moving, nostalgic story of the people on a desolate Viennese street before and during World War II.

8. *Lady Washington* — Dorothy Clarke Wilson
Biographical novel about Martha Washington.
9. *The Killing Doll* — Ruth Rendell
A psychological thriller in which the author explores obsession, delusion and murder.
10. *The Witches of Eastwick* — John Updike
Entertaining novel about three witches in a contemporary Rhode Island town.
11. *Miracles* — Marcy Heidish
Fictionalized account of the life of Elizabeth Seton, the first American saint.
12. *The Orchid Tree* — Virginia Coffman
A novel of romantic suspense set on the island of Akua, Hawaii.

COMING SOON:

1. *Adam's Daughters* — Elizabeth Villars
2. *West of Sunset* — Dirk Bogarde
3. *Lightning* — Ed McBain
4. *The Company of Saints* — Evelyn Anthony
5. *A Very Private Eye: an autobiography in diaries and letters* — Barbara Pym
6. *Joan Miro* — Rosa Maria Malet
7. *Lincoln: a novel* — Gore Vidal
8. *The Eye* — Bill Pronzini

9. *The Thin Woman: an Epicurean Mystery* — Dorothy Cannell
10. *...And the Ladies of the Club* — Helen Hoover Santmeyer
11. *Halfhyde Outward Bound* — Phillip McCutchan
12. *Intimate Memoirs* — Georges Simenon
13. *Him with his foot in his mouth and other stories* — Saul Bellow
14. *The Conglomeroid Cocktail Party* — Robert Silverberg
15. *The Leopard Hunts in Darkness* — Wilbur Smith

MOVIE NIGHT AT THE LIBRARY

The Carmel Valley Library will present the film *You Can't Take It With You*, with Jean Arthur and James Stewart, on Friday, July 6, at 7:30 p.m. Admission will be \$2 for adults and \$1 for children. For more information please call 659-2377.

SUMMER READING FUN!

The Carmel Valley Library invites children of all ages to participate in the Summer Reading Festival. A certificate will be awarded to all marathon readers at a Summer celebration on Saturday, July 28. Programs and activities will be offered throughout June and July. For details, call the library at 659-2377.



Day Dreaming Thought Provoking Sheer Concentration

BOOKMARKS

Fiction lovers who enjoy the triumphs of naivety will savor the trials and tribulations of Leslie and Gainer in the New York Times Bestseller *19 Purchase Street*, by Gerald A. Browne.

Out of revenge, Gainer and Leslie find themselves taking on a force they don't even realize the dimensions of; bigger than the C.I.A., bigger than the Mafia, big enough to control the world twice over. How do they survive?

It is their naivety that gets them through. They rely on a guidance from a spirit called Lady Caroline, on Gainer's "street sense", and on a herb concoction Leslie calls their "rescue" tonic. It also happens that Leslie, top fashion model married to an extremely wealthy man, has other hidden talents that get them through many tight spots: money, an incurable "lead foot" and a deadly aim.

The action is descriptive and captivating though some of the logistics of the plot are unfathomable: Three billion dollars stacked in a room from floor to ceiling—so much money being dealt with that a guess within \$100,000 is accurate enough, a "high board" that is so powerful that virtually nothing is out of their grasp.

Browne has packed this adventure full of murder, deceit, ingenuity, intrigue, cunning and romance. Whether his inclusion of aura cleansing, herbalists and spirits is a whimsical poke at these current rages or not they add a clever twist to the story.

Browne is proficient in throwing in little surprises just to make sure you keep reading to find out what happens next.

Read it with escapism in mind and you'll be satisfied.

Thunderbird Bookshop Schedules Autograph Party

An autograph party for New York visitor Stanley Newman was announced by May Waldroup of the Thunderbird Bookshop for Wednesday, July 4th between 12:30 and 2 p.m. Newman will be here to officiate at the Carmel Crossword Classic, a crossword solving competition to be held the same day in the Barnyard's Thunderbird Bookshop.

Newman, with Joseph Pagano of Carmel Valley, is co-editor of the pioneering new work, the *ULTIMATE*

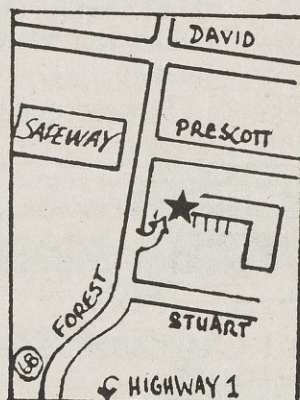
Crossword Book. This book sets forth, for the first time, a national ranking system for crossworders, similar to those for bridge and chess.

During the lunch break of the competition, which runs from 10 a.m. to 3 p.m., both Newman and Pagano will be on hand to sign books and talk about crossword happenings. For more information on the competition or the autograph signing call 624-1803.

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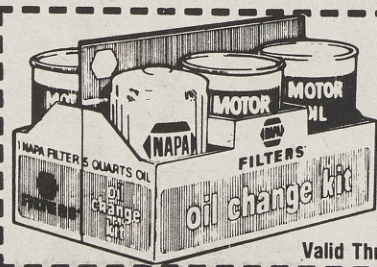
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EQUESTRIAN NEWS

by Sally Hudson
Courtesy of Hudson Co. in the Barnyard

This month the last selection trial will be held for the United States Equestrian Team 3-day event. The trial will be held at Ledyard, in Hamilton, Massachusetts. After the event seven horses and riders will be selected to continue training with the USET coaches. four horses and riders will be chosen to compete in the Olympics at Los Angeles towards the end of July.

Rushwood Riding School in Carmel Valley held a clinic on June 1st, 2nd and 3rd. Richard Keller of La Jolla, CA, taught the ten riders who rode in the clinic.

Two summer camps are being held in the area. Fehr Farms in Castroville will have weekly sessions starting July 10th from 10 a.m. to 2:30 p.m., Tuesday thru Saturday. Rushwood Riding School is also holding camp sessions. They will have a four day session the first week of July and three more five day sessions in August. Both camps include riding and horse care.

The annual Golden State Horse Show was held in Santa Rosa over Memorial Day Weekend. The show started Thursday, May 24th and ended on Monday, May 28th. The five days included 100° weather.

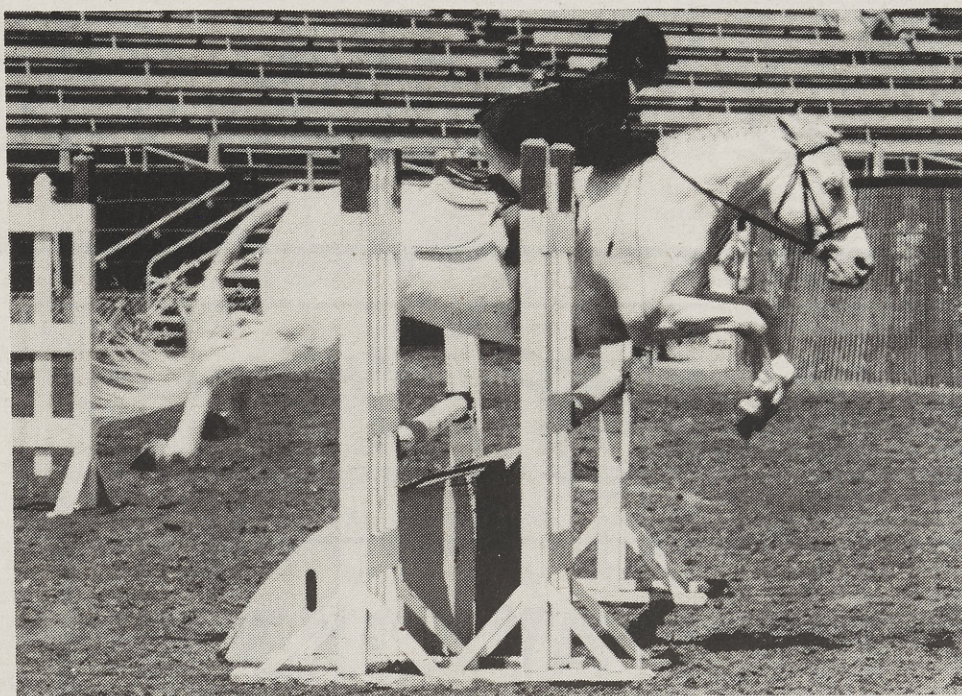
Marci Gumbin, who rides with Riley and Marie Wilson at Windy Ridge had an excellent show. Marci and her horse Killian's Red were show champions in the ad/am hunters 18-30, hunters under saddle 18-30, pleasure 18-30, equitation over fences 18-30 and reserve show champion in equitation 18-30. Also riding for Windy Ridge was Sherry Ross and Starshowers. Sherry won the maiden equitation class for riders 16-17.

Patty Stumbaugh with her horse Dragon Wings was the show champion for childrens' hunters and won the 11 & under equitation over fences. Patty and her horse Flight Instructor was the show champion for childrens' jumpers 11 & under. And Patty and her pony Mary's Bell was the reserve show champion for pony eq. and pony eq. over fences. Patty, riding Mary's Bell and Susan Barrows riding Mary's Cricket won the Hunter pony pairs class. Mary's Cricket is also owned by the Stumbaughs. At the Jr. Grand National show held earlier this year at the Cow Palace in San Francisco, Patty and Flight Instructor were the reserve show champions for childrens' jumpers. Patty rides with Michelle Rush of Rushwood.

Cassie Griffith riding Sunday's Child, owned by Rushwood, also had an impressive show. Cassie placed second in eq. over fences stake 11 & under, eq. stake 11 & under, hunters u/s stake 11 & under and eq. 11 & under.

Alexandra Adams and her pony, Blue Eagle won the large pony hunter stake and won three other large pony hunter classes. Alexandra and Blue Eagle was the large pony hunter champion. In addition to the pony hunter classes, Alexandra also won the pony equitation class. Alexandra rides with Rushwood.

Kasey Owen and her horse Covertime was the reserve show champion for the pleasure horse division for riders 17 & under. Kasey also won blue ribbons in hunters u/s 15-17, jr. hunters 15-17 and children's jumpers 15-17. Michell Rush trains Kasey.



Alexandra Adams on her pony Blue Eagle captured Large Pony Honors at last week's Golden State Horse Show in Santa Rosa. Photo by Royal Adams.

Kelly Kurz and Forget-Me-Not was the show champion for childrens' jumpers 14-17. Kelly won two childrens' jumpers classes, two pleasure classes and a hunter u/s class in her age group. Kelly also rides with Rushwood.

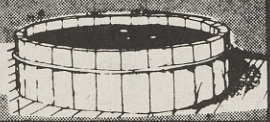
This year the Monterey National Horse show will be held July 22-July 29. The show is held at the Monterey County Fairgrounds and Exposition Park in Monterey. Entries for the show closed on June 25. The show offers classes for hunters, jumpers, cutting horses, stock horses, trail, pleasure,

carriage horses, equitation, Arabs and Morgans. The show has a variety of classes and is always fun.

The new division this year is the Challenge of the Breeds class. This division is by invitation and will include one horse from each breed. Each horse will have to compete in hunter hack (jump two fences). English pleasure, western pleasure, trail and pleasure driving. This should be a very exciting division. Each class will be held in the evening, starting with hunter hack on Wednesday, July 25th.

POOL AND SPA REPAIR

By Locksin Thompson



Please forget all the horror stories you've read recently (i.e. Paul Anderson's column and others) regarding Cyanuric acid.

Cyanuric acid is a bonding agent used in most chlorine. It is necessary in that it allows chlorine to last longer in the pool, spa or tub, so they don't just "gas off" when added. The amount of Cyanuric acid used is minimal.

For other reasons than health, our Monterey County Health Department recommends that the vessal be drained or water level lowered when the Cyanuric acid level reaches 100 part per million (ppm). This is because after 100 ppm the Cyanuric acid bonds the

chlorine to where it can't be used at all and makes the pH and total alkalinity bounce all over the place. There is a test kit available to read Cyanuric acid, or you can bring your water sample to our lab. It's free.

Articles you've been reading on Cyanuric acid are from studies on mice. In those studies 1,000 ppm or more of Cyanuric acid was used. So don't be afraid anymore. If you're still concerned about the reports there are alternatives. I'll talk about them next time.

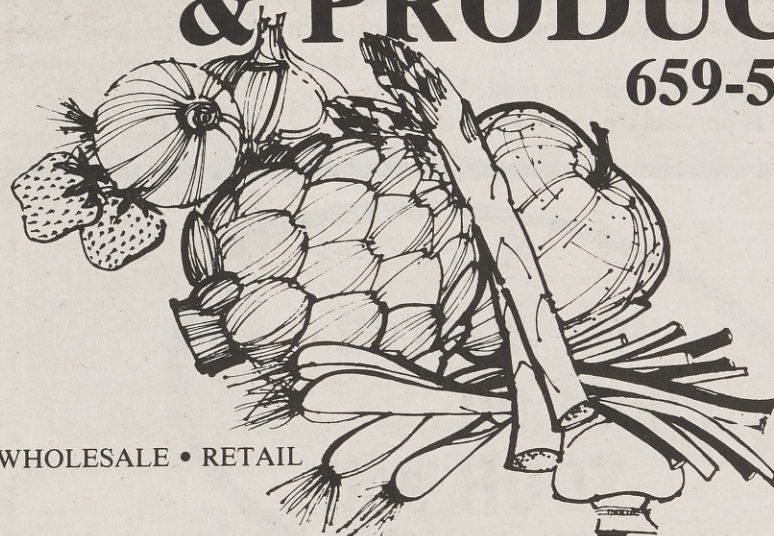
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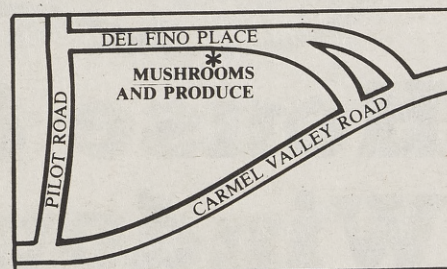


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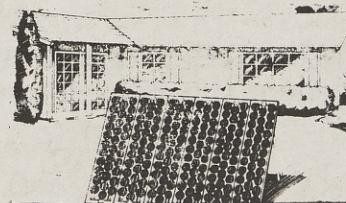


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EYE-deas

Kim Hartford, O.D.
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Visual Side Effects Of Using Video Screens

As more and more people are spending work hours in front of computer and word processor video display terminals (VDTs), eye doctors are starting to hear more and more complaints ranging from eyestrain through blurred vision, burning eyes, color perception problems, headaches, and so on.

Thus far, research seems to indicate that the primary culprits are the stress of working at VDTs for extended periods of time and work environments not designed for VDT use. Both factors may cause visual discomfort as well as greater awareness of existing visual problems.

Common problems eye doctors have found are:

1. Overly intense concentration at a fixed distance. Just as your arms would get exhausted after holding a 20 lb. weight for an hour, so can your visual system become fatigued after staring at a small screen for several hours. Many eye doctors now recommend that VDT users make a conscious effort to look at a distance periodically and take longer breaks every hour or so.

2. Inappropriate eyewear for task. This problem is particularly common

for wearers of bifocals or trifocals. A multifocal lens designed for comfortable reading of materials on a desk top may be all wrong for reading print at an angle, distance and height of a VDT. An eye doctor who is familiar with your work needs can prescribe eyewear to meet those conditions.

3. Sensitivity to glare, flicker, contrast, etc. Some people are more sensitive than others to these factors. Ideally, the VDT user should be able to control the screen's brightness and contrast, lighting in that part of the room, sources of glare and reflections on the screen, etc. In some cases, lens tints can ease strain caused by some of these factors.

4. VDT position. The best systems allow the operator to control the keyboard and screen height, viewing distance and angle, seating height, etc. When VDTs are crammed into available space, operator fatigue is the most common result. The discomfort caused by awkward posture can mimic or add to the symptoms of eyestrain.

This is just one example of how important it is to discuss your occupational and avocational needs with your eye doctor.

CMT Announces Grants

The Central Mission Trails Chapter of the American Heart Association has awarded \$58,7759 to heart researchers. Peter L. Davis, M.D., University of California School of Medicine, San Francisco, will receive \$19,643. He is researching cardiac imaging with nuclear magnetic resonance (NMR). NMR would allow doctors to obtain an image of the heart without invading the patient's body or exposing it to radiation. Dr. Davis believes that perfection of this technique will "virtually revolutionize our ability to diagnose cardiac disease." This is the second year the CMT Chapter has helped fund Dr. Davis.

Another researcher receiving CMT funds is Paul J. Paolini, Ph.D., San Diego State University Heart Institute. He received a two year commitment from the CMT Chapter with backing of \$19,813 this year for his research,

"Image Analysis of Cardiac Cells" Also receiving \$5,303 is Thomas A. Ports, M.D., Cardiovascular Research Institute, University of California, San Francisco, for research on "Regulation of Myocardial Collateral Blood Flow in Man". John W. Danforth, M.D., is also involved with the same project at the Institute and received \$14,000 from the CMT Chapter.

Grants to California researchers represent only a part of CMT's support of heart research. Last year the CMT Chapter contributed more than \$90,000 for nationally selected research projects.

Members of the local research committee are Robert G. Van Horne, M.D., Chairman; Anthony Sforza, M.D.; Paul D. Anderson, M.D.; Jerry Ginsburg, M.D.; Patty Qualls, R.N. and James Egan, Jr., M.D.

Alcoholism Film Will Be Presented June 27

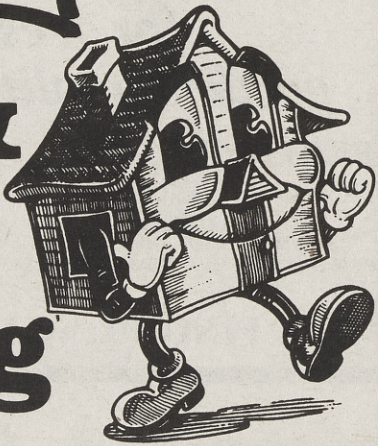
A film titled *I'll Quit Tomorrow*, dealing with the subject of alcoholism, will be presented on Wednesday, June 27, at 6:30 p.m., in the Education Center at Monterey Peninsula Hospital's Recovery Center.

A question and answer session follows the film presentation, which is free and open to the public.

Films are shown every Wednesday at the Recovery Center. For more information, call 373-0924.

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To Your Good Health



CARMEL VALLEY NATURAL FOOD NEWS

17 Ways To Prevent Heart Attacks

This month I'd like to remind you of the 17 proven ways of lowering your risk of heart trouble. This is quoted from Earl Mindell's *Nutrition Notes*.

1. Cut down on sugar. U.S. Dept. of Agriculture Human Nutrition Center Studies show that people who have trouble properly metabolizing carbohydrates, especially men, can endanger their hearts.
2. Stop Smoking. The best way to have a myocardial infraction (heart attack) is to smoke, especially cigarettes. Your body recovers rapidly once you quit smoking.
3. Exercise regularly. Regular exercise keeps your weight under control and gives you a better circulation and sex life.
4. Watch your weight. The landmark Framingham Study and others have linked increased coronary mortality with obesity.
5. Learn to cope with stress. Relax. Type "A" personalities (impatient, hard-charging, competitive) are definitely associated with increased risk of heart attacks.
6. Cut down on salt. Whether it's sodium chloride (table salt), sodium nitrate, sodium nitrite, monosodium glutamate (MSG) or sodium bicarbonate, they all contain sodium, which has been linked to the development of high blood pressure.
7. Cut down on saturated fats, hydrogenated oils and cholesterol 42% of our calories come from fat. Eat less meat, butter, cheese, cream and whole milk. Try to increase your polyunsaturated oils such as sunflower, safflower, corn and soy. Make sure you buy cold-pressed and take enough Vitamin E daily.
8. Eat more garlic. Studies have shown that raw garlic, onions and carrots significantly reduce several forms of circulating cholesterol in the body.
9. Fortify your diet with Vitamin C. In the February 1981 issue of *Journal of Human Nutrition*, a study showed that Vitamin C deficiencies, especially in older people, appear to play a role in the development of coronary heart disease.
10. Get enough calcium in your diet. Calcium reduces serum cholesterol and triglycerides. A 1000 to 1200 mg daily is a good amount.
11. Increase soy intake. Soy protein, replacing animal protein, produces a 14 percent decrease in serum cholesterol after 2 weeks and a 21 percent reduction after 3 weeks in a group of patients with elevated cholesterol (*Lancet*, Feb. 5, 1977).
12. Get enough Vitamin E. This versatile vitamin raises the level of the "good" high density lipoprotein cholesterol, while it lowers the very low-density lipoprotein cholesterol (bad) and triglycerides. Vitamin E has also been shown to lower the risk of buildup on arterial walls by keeping the platelets from clumping.
13. Add lecithin to your diet. This natural substance found in soy beans is effective in lowering cholesterol and enhancing fat metabolism. It is available in capsules, tablets, granules or liquid.
14. Eat more fish. The British medical journal, *Lancet*, reported in its July 15, 1978 issue that an 8 year Danish study showed Northwest Greenland Eskimos whose diet was high in fatty fish and fish oils had almost no incidence of heart disease. They have a very low consumption of animal fat as well.
15. Magnesium is important. A deficiency of magnesium can cause brief spasms of the coronary arteries, which can trigger a significant number of heart attacks. A daily dose of 500 mg is sufficient.
16. Vitamin B₆ can cause a harmful amino acid to be produced. This amino acid causes destruction of tissues and may be responsible for increased blockage of arteries when it combines with cholesterol.
17. If you have a family history of heart disease, take special care. If one or both of your parents had heart disease, your chances of having it are much greater than those of the general population. Check your blood pressure regularly and follow the other 16 suggestions.

Listen to your body
Take care,
Blair

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Chateau Julien Winery Offers A Variety Of Classes

Carmel Valley's latest winery, Chateau Julien, will offer a variety of classes at the end of June and during the month of July. The classes are a part of the winery's Summer Wine School.

Beginning June 28, the winery will offer "The Music of Wines." The class runs 10 a.m. to 3 p.m. at a fee of \$35 per person. This basic class investigates the "Notes of Instruments"

that go into the production of fine wine. Discussion will include California wine regions, reading a California wine label, varietal and generic wines, wine consumerism, wine tasting, wine and food. The class includes a winery tour and an alfresco lunch.

In celebration Americas' 208th birthday "Great American Wines" is the class scheduled for July 10. The class meets from 9 a.m. to 4 p.m. and

costs \$85 per person. Topics include the American Wine Revolution and the growth of the American Wine industry. As a "beyond the basics" class this course emphasises tasting skills, appreciation of the subtleties of wines and cooking with wine. A luncheon, prepared by a local "Guest Chef" is also included.

Meeting again on July 12, wine enthusiasts can enjoy "The Poetry of

Wine". The class meets 10 a.m. to 3 p.m. and is \$35 per person. This basic class explores the components of wine and winemaking, what is in the glass and what has happened to make it look, smell, and taste the way it does. Winery tour and lunch is included.

For more information on these and future classes call Chateau Julien at 624-2600.

MEET YOUR MID-VALLEY NEIGHBORS



Ray Michael

Located in a peaceful area is the Mid Valley Barber Shop owned by Ray Michael. If intimate and private haircuts are to your liking than Ray is the man to see. He wants his customer's haircut to be a quiet mello experience if so desired. Ray has a selection of videos and a variety of music for you to enjoy as well, while he tends your hair.

Be it old fashioned or modern student cuts, Ray knows his way around with the scissors. His services also include shampooing, conditioning and drying and his shop features KMS, 21st Century and Focus hair products.

Ray, who was trained at the Hollywood Barber College, has owned his shop for the past five years. He has lived in the valley area for over 10 years. He loves to work on children and he and his wife have a four year old daughter.



Barton D. Bruno

Having pool problems? Then give The Poolman a call. Owner, Barton Bruno will see to your needs. He has had his shop in the Mid Valley Center for over eight years and has seen all kinds of problems. Even if it's not a problem and you would like information on spas, solar, or cleaning services, Barton is still the man to call.

Barton says patio masonry is his specialty. He's also a whiz at pool rejuvenation. If you don't have a pool or spa and would like one, he's at your service.

Barton has been a valley resident for over 12 years. His spare time is spent on his hobbies—music, piano and his two year old son Jon-Paul.

Don't let the summer get away from you without making sure your pool or spa is in tip-top condition. Let Barton lend a hand.



Don Joy

If a full service travel agency is what you need then stop by and see Don Joy of Carmel Travel. Don has been the manager of the Mid Valley branch for the past 14 years. He and his co-workers are there to help make your travels worry free.

According to Don, Carmel Travel offers every service for airlines, cruise and land operators, rail, steamship, foreign currency, as well as independent travel. A push of a few buttons and their computerized airlines service can tell you what you need to know about any flight and can make reservations for you on the spot.

Don spends much of his spare time with music and (what else) traveling. Though his traveling is for personal pleasure it enhances his knowledge of the business.

So if you're planning to travel make your "Bon Voyage" enjoyable and let Don and his fellow travel agents lend you a hand.



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